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Bilaga 5 – Exkluderade översikter per frågeområde

Forskningsammanställning om digital medieanvändning och psykisk, fysisk och sexuell hälsa samt levnadsvanor bland barn och unga



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Innehåll

Innehåll	3
Tabeller över exkluderade översikter per frågeområde	4
Fysisk hälsa – övervikt och fetma (obesitas).....	4
Psykisk hälsa.....	6
Psykiska besvär, stress och välbefinnande	6
Kroppsuppfattning och ätstörning	9
Sociala relationer.....	11
Sexuell hälsa.....	14
Levnadsvanor.....	17
Sömn	17
Fysisk aktivitet och stillasittande	18
Alkohol, narkotika, tobaks- och nikotinprodukter och spel om pengar (ANTS).....	20
Fokus vissa grupper.....	24
Neuropsykiatriska funktionsnedsättningar (NPF).....	24
Intellektuell funktionsnedsättning.....	25
Hbtqi.....	27
Problematisk användning och beroende av digitala medier	28
Omfattning	28
Risk- och skyddsfaktorer	29
Föräldrars digitala medieanvändning	29
Plattformars utformning – algoritmer och interaktionsdesign	31
Folkhälsointerventioner för hälsosam användning av digitala medier	31

Tabeller över exkluderade översikter per frågeområde

Fysisk hälsa – övervikt och fetma (obesitas)

Tabell 1. Exkluderade översikter om fysisk hälsa – övervikt och fetma (obesitas), efter fulltextsgranskning och orsak till exklusion.

Exkluderade översikter	Orsak
Aziz N, Nordin MJ, Abdulkadir SJ, Salih MMM. Digital Addiction: Systematic Review of Computer Game Addiction Impact on Adolescent Physical Health. <i>Electronics</i> . 2021;10(9):18.	Fel population
Canabrava KLR, Amorim PRD, Miranda VPN, Priore SE, Castro SD. Sedentary Behavior and Cardiovascular Risk in Children: A Systematic Review. <i>Revista Brasileira De Medicina Do Esporte</i> . 2019;25(5):433-41.	Fel utfall
Chen B, Kui KY, Padmapriya N, Muller AM, Muller-Riemenschneider F. Correlates of sedentary behavior in Asian preschool-aged children: A systematic review. <i>Obes Rev</i> . 2022;23(9):e13485.	Fel population
Fang K, Mu M, Liu K, He Y. Screen time and childhood overweight/obesity: A systematic review and meta-analysis. <i>Child Care Health Dev</i> . 2019;45(5):744-53.	Hög risk för bias
Ghasemirad M, Ketabi L, Fayyazishishavan E, Hojati A, Maleki ZH, Gerami MH, et al. The association between screen use and central obesity among children and adolescents: a systematic review and meta-analysis. <i>J Health Popul Nutr</i> . 2023;42(1):51.	Hög risk för bias
Guerra PH, Barbosa Filho VC, Almeida A, Silva LS, Pinto MTV, Leonel RM, et al. Systematic Review of Physical Activity and Sedentary Behavior Indicators in South-American Preschool Children. <i>Rev Paul Pediatr</i> . 2020;38:e2018112.	Fel studiedesign
Haghjoo P, Siri G, Soleimani E, Farhangi MA, Alesaeidi S. Screen time increases overweight and obesity risk among adolescents: a systematic review and dose-response meta-analysis. <i>BMC Prim Care</i> . 2022;23(1):161.	Hög risk för bias
Jia P, Shi Y, Jiang Q, Dai S, Yu B, Yang S, et al. Environmental determinants of childhood obesity: a meta-analysis. <i>Lancet Glob Health</i> . 2023;11 Suppl 1:S7.	Fel exponering
Julian V, Ring-Dimitriou S, Wyszynska J, Mazur A, Matłosz P, Frelut ML, et al. There Is a Clinical Need to Consider the Physical Activity: Sedentary Pattern in Children with Obesity - Position Paper of the European Childhood Obesity Group. <i>Ann Nutr Metab</i> . 2022;78(4):236-41.	Fel studiedesign
Kininmonth AR, Smith AD, Llewellyn CH, Dye L, Lawton CL, Fildes A. The relationship between the home environment and child adiposity: a systematic review. <i>Int J Behav Nutr Phys Act</i> . 2021;18(1):4.	Hög risk för bias
Kontostoli E, Jones AP, Pearson N, Foley L, Biddle SJH, Atkin AJ. Age-related change in sedentary behavior during childhood and adolescence: A systematic review and meta-analysis. <i>Obes Rev</i> . 2021;22(9):e13263.	Övrigt
Kracht CL, Joseph ED, Staiano AE. Video Games, Obesity, and Children. <i>Curr Obes Rep</i> . 2020;9(1):1-14.	Fel studiedesign
Lee KX, Quek KF, Ramadas A. Dietary and Lifestyle Risk Factors of Obesity Among Young Adults: A Scoping Review of Observational Studies. <i>Curr Nutr Rep</i> . 2023.	Fel studiedesign
Li C, Cheng G, Sha T, Cheng W, Yan Y. The Relationships between Screen Use and Health Indicators among Infants, Toddlers, and Preschoolers: A Meta-Analysis and Systematic Review. <i>Int J Environ Res Public Health</i> . 2020;17(19).	Hög risk för bias

Exkluderade översikter	Orsak
Liu J, Riesch S, Tien J, Lipman T, Pinto-Martin J, O'Sullivan A. Screen Media Overuse and Associated Physical, Cognitive, and Emotional/Behavioral Outcomes in Children and Adolescents: An Integrative Review. <i>J Pediatr Health Care.</i> 2022;36(2):99-109.	Hög risk för bias
Navarra GA, Thomas E, Scardina A, Izadi M, Zangla D, De Dominicis S, et al. Effective Strategies for Promoting Physical Activity through the Use of Digital Media among School-Age Children: A Systematic Review. <i>Sustainability.</i> 2021;13(20):12.	Fel exponering
Nwosu E, Makwambeni P, Herstad SH, Etsebeth H, Hendricks G, Aguiar A, et al. Longitudinal relationship between adolescents' mental health, energy balance-related behavior, and anthropometric changes. <i>Obes Rev.</i> 2023;24 Suppl 2:e13629.	Fel exponering
Ramezankhani A, Alipour-Anbarani M, Saeidi M. The Factors Determining the Physical Activity of Students: A Systematic Review. <i>International Journal of Pediatrics-Mashhad.</i> 2019;7(8):9977-85.	Fel exponering
Shao T, Zhou X. Correlates of physical activity habits in adolescents: A systematic review. <i>Front Physiol.</i> 2023;14:1131195.	Hög risk för bias
Stiglic N, Viner RM. Effects of screentime on the health and well-being of children and adolescents: a systematic review of reviews. <i>BMJ Open.</i> 2019;9(1):e023191.	Fel studiedesign
Tripathi M, Mishra SK. Screen time and adiposity among children and adolescents: a systematic review. <i>Journal of Public Health-Heidelberg.</i> 2020;28(3):227-44.	Hög risk för bias
Wilhite K, Booker B, Huang BH, Antczak D, Corbett L, Parker P, et al. Combinations of Physical Activity, Sedentary Behavior, and Sleep Duration and Their Associations With Physical, Psychological, and Educational Outcomes in Children and Adolescents: A Systematic Review. <i>Am J Epidemiol.</i> 2023;192(4):665-79.	Hög risk för bias
Wu Y, Amirfakhrai A, Ebrahimzadeh F, Jahangiry L, Abbasalizad-Farhangi M. Screen Time and Body Mass Index Among Children and Adolescents: A Systematic Review and Meta-Analysis. <i>Front Pediatr.</i> 2022;10:822108.	Övrigt
Xiao W, Wu J, Yip J, Shi Q, Peng L, Lei QE, et al. The Relationship Between Physical Activity and Mobile Phone Addiction Among Adolescents and Young Adults: Systematic Review and Meta-analysis of Observational Studies. <i>JMIR Public Health Surveill.</i> 2022;8(12):e41606. DOI:10.2196/41606.	Fel utfall
Zhang T, Lu G, Wu XY. Associations between physical activity, sedentary behaviour and self-rated health among the general population of children and adolescents: a systematic review and meta-analysis. <i>BMC Public Health.</i> 2020;20(1):1343.	Fel utfall
Zhang Y, Tian S, Zou D, Zhang H, Pan CW. Screen time and health issues in Chinese school-aged children and adolescents: a systematic review and meta-analysis. <i>BMC Public Health.</i> 2022;22(1):810.	Fel population
Zosel K, Monroe C, Hunt E, Laflamme C, Brazendale K, Weaver RG. Examining adolescents' obesogenic behaviors on structured days: a systematic review and meta-analysis. <i>Int J Obes (Lond).</i> 2022;46(3):466-75.	Fel exponering

Psykisk hälsa

Psykiska besvär, stress och välbefinnande

Tabell 2. Exkluderade översikter om psykiska besvär, stress och välbefinnande efter fulltextsganskning och orsak till exklusion.

Exkluderade studier	Orsak
Azem L, Al Alwani R, Lucas A, Alsaadi B, Njiha G, Bibi B, et al. Social Media Use and Depression in Adolescents: A Scoping Review. <i>Behav Sci (Basel)</i> . 2023;13(6).	Hög risk för bias
Biernesser C, Sewall CJR, Brent D, Bear T, Mair C, Trauth J. Social Media Use and Deliberate Self-Harm Among Youth: A Systematized Narrative Review. <i>Child Youth Serv Rev</i> . 2020;116.	Hög risk för bias
Boulianne S, Theocharis Y. Young People, Digital Media, and Engagement: A Meta-Analysis of Research. <i>Social Science Computer Review</i> . 2020;38(2):111-27.	Hög risk för bias
Bozzola E, Spina G, Agostiniani R, Barni S, Russo R, Scarpato E, et al. The Use of Social Media in Children and Adolescents: Scoping Review on the Potential Risks. <i>Int J Environ Res Public Health</i> . 2022;19(16).	Hög risk för bias
Cabrejos RGP, Galán DBR, Paúcar NTC, Ludeña RLE. Consequences of Nomophobia in Adolescentes: A Systematic Review. <i>Revista Conrado</i> . 2021;17(81):203-10.	Övrigt
Cai Z, Mao P, Wang Z, Wang D, He J, Fan X. Associations Between Problematic Internet Use and Mental Health Outcomes of Students: A Meta-analytic Review. <i>Adolesc Res Rev</i> . 2023;8(1):45-62.	Hög risk för bias
Cataldo I, Lepri B, Neoh MJY, Esposito G. Social Media Usage and Development of Psychiatric Disorders in Childhood and Adolescence: A Review. <i>Front Psychiatry</i> . 2020;11:508595.	Hög risk för bias
Cilligol Karabey S, Palancı A, Turan Z. How does smartphone addiction affect the lives of adolescents socially and academically?: a systematic review study. <i>Psychol Health Med</i> . 2023;1-24.	Övrigt
Course-Choi J, Hammond L. Social Media Use and Adolescent Well-Being: A Narrative Review of Longitudinal Studies. <i>Cyberpsychol Behav Soc Netw</i> . 2021;24(4):223-36.	Hög risk för bias
De Clercq E, Rost M, Gumy-Pause F, Diesch T, Espelli V, Elger BS. Moving Beyond the Friend-Foe Myth: A Scoping Review of the Use of Social Media in Adolescent and Young Adult Oncology. <i>J Adolesc Young Adult Oncol</i> . 2020;9(5):561-71.	Hög risk för bias
Ding H, Cao B, Sun Q. The association between problematic internet use and social anxiety within adolescents and young adults: a systematic review and meta-analysis. <i>Front Public Health</i> . 2023;11:1275723.	Hög risk för bias
Elias CL, Gorey KM. Online Social Networking among Clinically Depressed Young People: Scoping Review of Potentially Supportive or Harmful Behaviors. <i>Journal of Technology in Human Services</i> . 2021;40(1):79-96.	Hög risk för bias
Evangelio C, Rodríguez-González P, Fernández-Río J, Gonzalez-Villora S. Cyberbullying in elementary and middle school students: A systematic review. <i>Computers & Education</i> . 2022;176.	Fel utfall
Fischer-Grote L, Kothgassner OD, Felnhofer A. The impact of problematic smartphone use on children's and adolescents' quality of life: A systematic review. <i>Acta Paediatr</i> . 2021;110(5):1417-24.	Hög risk för bias
Forgeron PA, McKenzie E, O'Reilly J, Rudnicki E, Caes L. Support for My Video is Support for Me: A YouTube Scoping Review of Videos Including Adolescents With Chronic Pain. <i>Clin J Pain</i> . 2019;35(5):443-50.	Fel studiedesign

Exkluderade studier	Orsak
Forte A, Sarli G, Polidori L, Lester D, Pompili M. The Role of New Technologies to Prevent Suicide in Adolescence: A Systematic Review of the Literature. <i>Medicina (Kaunas)</i> . 2021;57(2).	Fel exponering
Gao XL, Zhang JH, Yang Y, Cao ZB. [Sedentary behavior, screen time and mental health of college students: a Meta-analysis]. <i>Zhonghua Liu Xing Bing Xue Za Zhi</i> . 2023;44(3):477-85.	Fel utfall
Gates M, Hartling L, Shulhan-Kilroy J, MacGregor T, Guitard S, Wingert A, et al. Digital Technology Distraction for Acute Pain in Children: A Meta-analysis. <i>Pediatrics</i> . 2020;145(2).	Fel utfall
Ghali S, Afifi S, Suryadevara V, Habab Y, Hutcheson A, Panjyiar BK, et al. A Systematic Review of the Association of Internet Gaming Disorder and Excessive Social Media Use With Psychiatric Comorbidities in Children and Adolescents: Is It a Curse or a Blessing? <i>Cureus</i> . 2023;15(8):e43835.	Hög risk för bias
Hinojo-Lucena FJ, Aznar-Díaz I, Trujillo-Torres JM, Romero-Rodríguez JM. Problematic Internet Use and Psychological or Physical Variables in University Students. <i>Revista Electronica De Investigacion Educativa</i> . 2021;23:17.	Fel population
Hu Y, Bai Y, Pan Y, Li S. Cyberbullying victimization and depression among adolescents: A meta-analysis. <i>Psychiatry Res</i> . 2021;305:114198.	Fel utfall
Juthamanee S, Gunawan J. Factors related to Internet and game addiction among adolescents: A scoping review. <i>Belitung Nurs J</i> . 2021;7(2):62-71.	Hög risk för bias
Keleş-Gördesli B, McCrae N, Grealish A. A systematic review: the influence of social media on depression, anxiety and psychological distress in adolescents. <i>International Journal of Adolescence and Youth</i> . 2019;25:1-15.	Hög risk för bias
Khalaf AM, Alubied AA, Khalaf AM, Rifaey AA. The Impact of Social Media on the Mental Health of Adolescents and Young Adults: A Systematic Review. <i>Cureus</i> . 2023;15(8):e42990.	Hög risk för bias
Kostyrka-Allchorne K, Stoilova M, Bourgaize J, Rahali M, Livingstone S, Sonuga-Barke E. Review: Digital experiences and their impact on the lives of adolescents with pre-existing anxiety, depression, eating and nonsuicidal self-injury conditions - a systematic review. <i>Child Adolesc Ment Health</i> . 2023;28(1):22-32.	Hög risk för bias
Li S, Wang X, Wu Z, Zhang Y. The More Internet Access, the More Mental Symptoms Students Got, the More Problematic Internet Use They Suffered: a Meta-analysis of Mainland Chinese Adolescents and Young Adults. <i>Int J Ment Health Addict</i> . 2022;1:21.	Fel population
Liu J, Riesch S, Tien J, Lipman T, Pinto-Martin J, O'Sullivan A. Screen Media Overuse and Associated Physical, Cognitive, and Emotional/Behavioral Outcomes in Children and Adolescents: An Integrative Review. <i>J Pediatr Health Care</i> . 2022;36(2):99-109.	Hög risk för bias
Marchant A, Hawton K, Burns L, Stewart A, John A. Impact of Web-Based Sharing and Viewing of Self-Harm-Related Videos and Photographs on Young People: Systematic Review. <i>J Med Internet Res</i> . 2021;23(3):e18048.	Övrigt
Messena M, Everri M. Unpacking the relation between children's use of digital technologies and children's well-being: A scoping review. <i>Clin Child Psychol Psychiatry</i> . 2023;28(1):161-98.	Hög risk för bias
Meszaros G, Gyori D, Horvath LO, Szentivanyi D, Balazs J. Nonsuicidal Self-Injury: Its Associations With Pathological Internet Use and Psychopathology Among Adolescents. <i>Front Psychiatry</i> . 2020;11:814.	Fel studiedesign
Notara V, Vagka E, Gnardellis C, Lagiou A. The Emerging Phenomenon of Nomophobia in Young Adults: A Systematic Review Study. <i>Addict Health</i> . 2021;13(2):120-36.	Hög risk för bias
Orben A. Teenagers, screens and social media: a narrative review of reviews and key studies. <i>Soc Psychiatry Psychiatr Epidemiol</i> . 2020;55(4):407-14.	Fel studiedesign

Exkluderade studier	Orsak
Oswald TK, Rumbold AR, Kedzior SGE, Moore VM. Psychological impacts of "screen time" and "green time" for children and adolescents: A systematic scoping review. <i>PLoS One.</i> 2020;15(9):e0237725.	Hög risk för bias
Peat G, Rodriguez A, Smith J. Social media use in adolescents and young adults with serious illnesses: an integrative review. <i>BMJ Support Palliat Care.</i> 2019;9(3):235-44.	Fel population
Pottie K, Ratnayake A, Ahmed R, Veronis L, Alghazali I. How refugee youth use social media: what does this mean for improving their health and welfare? <i>J Public Health Policy.</i> 2020;41(3):268-78.	Hög risk för bias
Pretorius C, Chambers D, Coyle D. Young People's Online Help-Seeking and Mental Health Difficulties: Systematic Narrative Review. <i>J Med Internet Res.</i> 2019;21(11):e13873.	Fel utfall
Rega V, Gioia F, Boursier V. Problematic Media Use among Children up to the Age of 10: A Systematic Literature Review. <i>Int J Environ Res Public Health.</i> 2023;20(10).	Hög risk för bias
Sanders T, Noetel M, Parker P, Del Pozo Cruz B, Biddle S, Ronto R, et al. An umbrella review of the benefits and risks associated with youths' interactions with electronic screens. <i>Nat Hum Behav.</i> 2023.	Fel studiedesign
Santos RMS, Mendes CG, Sen Bressani GY, de Alcantara Ventura S, de Almeida Nogueira YJ, de Miranda DM, et al. The associations between screen time and mental health in adolescents: a systematic review. <i>BMC Psychol.</i> 2023;11(1):127.	Hög risk för bias
Sarmiento IG, Olson C, Yeo G, Chen YA, Toma CL, Brown BB, et al. How Does Social Media Use Relate to Adolescents' Internalizing Symptoms? Conclusions from a Systematic Narrative Review. <i>Adolescent Research Review.</i> 2018;5(4):381-404.	Hög risk för bias
Schonning V, Hjetland GJ, Aaro LE, Skogen JC. Social Media Use and Mental Health and Well-Being Among Adolescents - A Scoping Review. <i>Front Psychol.</i> 2020;11:1949.	Hög risk för bias
Senekal JS, Ruth Groenewald G, Wolfaardt L, Jansen C, Williams K. Social media and adolescent psychosocial development: a systematic review. <i>South African Journal of Psychology.</i> 2022;53(2):157-71.	Hög risk för bias
Shannon H, Bush K, Villeneuve PJ, Hellemans KG, Guimond S. Problematic Social Media Use in Adolescents and Young Adults: Systematic Review and Meta-analysis. <i>JMIR Ment Health.</i> 2022;9(4):e33450.	Hög risk för bias
Sohn SY, Rees P, Wildridge B, Kalk NJ, Carter B. Prevalence of problematic smartphone usage and associated mental health outcomes amongst children and young people: a systematic review, meta-analysis and GRADE of the evidence. <i>BMC Psychiatry.</i> 2019;19(1):356.	Fel population
Stiglic N, Viner RM. Effects of screentime on the health and well-being of children and adolescents: a systematic review of reviews. <i>BMJ Open.</i> 2019;9(1):e023191.	Fel studiedesign
Valkenburg PM, Meier A, Beyens I. Social media use and its impact on adolescent mental health: An umbrella review of the evidence. <i>Curr Opin Psychol.</i> 2022;44:58-68.	Fel studiedesign
Varley D, Fenton C, Gargan G, Taylor O, Taylor A, Kirby N, et al. A Systematic Review of Systematic Reviews Exploring the Factors Related to Child and Adolescent Self-Harm. <i>Adolescent Psychiatry.</i> 2022;12(2):79-114.	Fel studiedesign
Vidal C, Lhaksampa T, Miller L, Platt R. Social media use and depression in adolescents: a scoping review. <i>Int Rev Psychiatry.</i> 2020;32(3):235-53.	Hög risk för bias
Vincente-Benito I, Ramirez-Duran MDV. Influence of Social Media Use on Body Image and Well-Being Among Adolescents and Young Adults: A Systematic Review. <i>J Psychosoc Nurs Ment Health Serv.</i> 2023;61(12):11-8.	Hög risk för bias

Exkluderade studier	Orsak
Vissenberg J, d'Haenens L, Livingstone S. Digital Literacy and Online Resilience as Facilitators of Young People's Well-Being? European Psychologist. 2022;27(2):76-85.	Hög risk för bias
Wacks Y, Weinstein AM. Excessive Smartphone Use Is Associated With Health Problems in Adolescents and Young Adults. Front Psychiatry. 2021;12:669042.	Hög risk för bias
Webster D, Dunne L, Hunter R. Association Between Social Networks and Subjective Well-Being in Adolescents: A Systematic Review. Youth & Society. 2020;53(2):175-210.	Hög risk för bias
Wilhite K, Booker B, Huang BH, Antczak D, Corbett L, Parker P, et al. Combinations of Physical Activity, Sedentary Behavior, and Sleep Duration and Their Associations With Physical, Psychological, and Educational Outcomes in Children and Adolescents: A Systematic Review. Am J Epidemiol. 2023;192(4):665-79.	Hög risk för bias
Ye XL, Zhang W, Zhao FF. Depression and internet addiction among adolescents:A meta-analysis. Psychiatry Res. 2023;326:115311.	Hög risk för bias
Zhou Z, Cheng Q. Relationship between online social support and adolescents' mental health: A systematic review and meta-analysis. J Adolesc. 2022;94(3):281-92.	Fel utfall
Zink J, Belcher BR, Imm K, Leventhal AM. The relationship between screen-based sedentary behaviors and symptoms of depression and anxiety in youth: a systematic review of moderating variables. BMC Public Health. 2020;20(1):472.	Hög risk för bias

Kroppsuppfattning och ätstörning

Tabell 3. Exkluderade översikter om kroppsuppfattning och ätstörning efter fulltextsganskning och orsak till exklusion.

Exkluderade studier	Orsak
Bajana Mari S, Garcia AM. [Social networks use and risk factors for the development of eating disorders: A systematic review]. Aten Primaria. 2023;55(11):102708.	Fel språk
Bozzola E, Spina G, Agostiniani R, Barni S, Russo R, Scarpato E, et al. The Use of Social Media in Children and Adolescents: Scoping Review on the Potential Risks. Int J Environ Res Public Health. 2022;19(16).	Hög risk för bias
Chung A, Vieira D, Donley T, Tan N, Jean-Louis G, Kiely Gouley K, et al. Adolescent Peer Influence on Eating Behaviors via Social Media: Scoping Review. J Med Internet Res. 2021;23(6):e19697.	Hög risk för bias
Dane A, Bhatia K. The social media diet: A scoping review to investigate the association between social media, body image and eating disorders amongst young people. PLOS Glob Public Health. 2023;3(3):e0001091.	Hög risk för bias
Faelens L, Hoorelbeke K, Cambier R, van Put J, Van de Putte E, De Raedt R, et al. The relationship between Instagram use and indicators of mental health: A systematic review. Computers in Human Behavior Reports. 2021;4:18.	Fel exponering
Hinojo-Lucena FJ, Aznar-Diaz I, Caceres-Reche MP, Trujillo-Torres JM, Romero-Rodriguez JM. Problematic Internet Use as a Predictor of Eating Disorders in Students: A Systematic Review and Meta-Analysis Study. Nutrients. 2019;11(9).	Hög risk för bias
Huang Q, Peng W, Ahn S. When media become the mirror: a meta-analysis on media and body image. Media Psychology. 2020;24(4):437-89.	Hög risk för bias

Exkluderade studier	Orsak
Kostyrka-Allchorne K, Stoilova M, Bourgaize J, Rahali M, Livingstone S, Sonuga-Barke E. Review: Digital experiences and their impact on the lives of adolescents with pre-existing anxiety, depression, eating and nonsuicidal self-injury conditions - a systematic review. <i>Child Adolesc Ment Health.</i> 2023;28(1):22-32.	Hög risk för bias
Lozano-Munoz N, Borrallo-Riego A, Guerra-Martin MD. [Impact of social network use on anorexia and bulimia in female adolescents: a systematic review]. <i>An Sist Sanit Navar.</i> 2022;45(2).	Fel språk
McCashin D, Murphy CM. Using TikTok for public and youth mental health - A systematic review and content analysis. <i>Clin Child Psychol Psychiatry.</i> 2023;28(1):279-306.	Fel exponering
McComb SE, Mills JS. A systematic review on the effects of media disclaimers on young women's body image and mood. <i>Body Image.</i> 2020;32:34-52.	Fel studiedesign
Ozpolat A. Social media use, disordered eating, and body image in adolescent females: A systematic review of the literature. <i>Dissertation Abstracts International: Section B: The Sciences and Engineering.</i> 2023;84(6).	Fel studiedesign
Padín PF, González-Rodríguez R, Verde-Diego C, Vázquez-Pérez R. Social media and eating disorder psychopathology: A systematic review. <i>Cyberpsychology: Journal of Psychosocial Research on Cyberspace.</i> 2021;15(3):21.	Fel studiepopulation
Prince T, McLoughlin L, Lagopoulos J, Elwyn R, Hermens DF. The neural correlates of socio-cognitive factors and eating disorders in young people: A systematic review. <i>J Psychiatr Res.</i> 2022;156:647-59.	Fel utfall
Puertas DG. Influence of Instagram use on eating behavior and emotional disturbance. Systematic review. <i>Revista Espanola De Comunicacion En Salud.</i> 2020;11(2):244-54.	Fel språk
Revranchise M, Biscond M, Husky MM. [Investigating the relationship between social media use and body image among adolescents: A systematic review]. <i>Encephale.</i> 2022;48(2):206-18.	Fel språk
Rounsefell K, Gibson S, McLean S, Blair M, Molenaar A, Brennan L, et al. Social media, body image and food choices in healthy young adults: A mixed methods systematic review. <i>Nutr Diet.</i> 2020;77(1):19-40.	Fel studiepopulation
Ryding FC, Kuss DJ. The Use of Social Networking Sites, Body Image Dissatisfaction, and Body Dysmorphic Disorder: A Systematic Review of Psychological Research. <i>Psychology of Popular Media.</i> 2020;9(4):412-35.	Hög risk för bias
Saiphoo AN, Vahedi Z. A meta-analytic review of the relationship between social media use and body image disturbance. <i>Computers in Human Behavior.</i> 2019;101:259-75.	Hög risk för bias
Sharma A, Vidal C. A scoping literature review of the associations between highly visual social media use and eating disorders and disordered eating: a changing landscape. <i>J Eat Disord.</i> 2023;11(1):170.	Hög risk för bias
Sina E, Boakye D, Christianson L, Ahrens W, Hebestreit A. Social Media and Children's and Adolescents' Diets: A Systematic Review of the Underlying Social and Physiological Mechanisms. <i>Adv Nutr.</i> 2022;13(3):913-37.	Fel utfall
Stiglic N, Viner RM. Effects of screentime on the health and well-being of children and adolescents: a systematic review of reviews. <i>BMJ Open.</i> 2019;9(1):e023191.	Fel studiedesign
Vincente-Benito I, Ramirez-Duran MDV. Influence of Social Media Use on Body Image and Well-Being Among Adolescents and Young Adults: A Systematic Review. <i>J Psychosoc Nurs Ment Health Serv.</i> 2023;61(12):11-8.	Hög risk för bias
Webster D, Dunne L, Hunter R. Association Between Social Networks and Subjective Well-Being in Adolescents: A Systematic Review. <i>Youth & Society.</i> 2020;53(2):175-210.	Hög risk för bias
Zhang J, Wang Y, Li Q, Wu C. The Relationship Between SNS Usage and Disordered Eating Behaviors: A Meta-Analysis. <i>Front Psychol.</i> 2021;12:641919.	Hög risk för bias

Exkluderade studier	Orsak
Zimmer-Gembick MJ, Hawes T, Scott RA, Campbell T, Webb HJ. Adolescents' online appearance preoccupation: A 5-year longitudinal study of the influence of peers, parents, beliefs, and disordered eating. <i>Computers in Human Behavior.</i> 2023;140:14.	Fel studiedesign

Sociala relationer

Tabell 4. Exkluderade översikter om sociala relationer efter fulltextsgranskning och orsak till exklusjon.

Exkluderade studier	Orsak
Al-Samarraie H, Bello K-A, Alzahrani AI, Smith AP, Emele C. Young users' social media addiction: causes, consequences and preventions. <i>Information Technology & People.</i> 2021;35(7):2314-43.	Låg relevans
Anikputa BC, Horner SD. Internet Use Behavior Among Adolescents and Young Adults with Chronic Illnesses. <i>J Pediatr Nurs.</i> 2021;60:260-6.	Hög risk för bias
Berger MN, Taba M, Marino JL, Lim MSC, Skinner SR. Social Media Use and Health and Well-being of Lesbian, Gay, Bisexual, Transgender, and Queer Youth: Systematic Review. <i>J Med Internet Res.</i> 2022;24(9):e38449.	Låg relevans
Boulianne S, Theocharis Y. Young People, Digital Media, and Engagement: A Meta-Analysis of Research. <i>Social Science Computer Review.</i> 2020;38(2):111-27.	Hög risk för bias
Breedvelt JJF, Tiemeier H, Sharples E, Galea S, Niedzwiedz C, Elliott I, m.fl. The effects of neighbourhood social cohesion on preventing depression and anxiety among adolescents and young adults: rapid review. <i>BJPsych Open.</i> 2022;8(4):e97.	Fel exponering
Byatt TJ, Dally K, Duncan J. Systematic Review of Literature: Social Capital and Adolescents who are Deaf or Hard of Hearing. <i>J Deaf Stud Deaf Educ.</i> 2019;24(4):319-32.	Hög risk för bias
Cai Z, Mao P, Wang Z, Wang D, He J, Fan X. Associations Between Problematic Internet Use and Mental Health Outcomes of Students: A Meta-analytic Review. <i>Adolesc Res Rev.</i> 2023;8(1):45-62.	Låg relevans
Dodemaide P, Joubert L, Merolli M, Hill N. Exploring the Therapeutic and Nontherapeutic Affordances of Social Media Use by Young Adults with Lived Experience of Self-Harm or Suicidal Ideation: A Scoping Review. <i>Cyberpsychol Behav Soc Netw.</i> 2019;22(10):622-33.	Hög risk för bias
Dredge R, Schreurs L. Social Media Use and Offline Interpersonal Outcomes during Youth: A Systematic Literature Review. <i>Mass Communication and Society.</i> 2020;23(6):885-911.	Hög risk för bias
Eirich R, McArthur BA, Anhorn C, McGuinness C, Christakis DA, Madigan S. Association of Screen Time With Internalizing and Externalizing Behavior Problems in Children 12 Years or Younger: A Systematic Review and Meta-analysis. <i>JAMA Psychiatry.</i> 2022;79(5):393-405.	Hög risk för bias
Elias CL, Gorey KM. Online Social Networking among Clinically Depressed Young People: Scoping Review of Potentially Supportive or Harmful Behaviors. <i>Journal of Technology in Human Services.</i> 2021;40(1):79-96.	Hög risk för bias
Ewin CA, Reupert AE, McLean LA, Ewin CJ. The impact of joint media engagement on parent-child interactions: A systematic review. <i>Human Behavior and Emerging Technologies.</i> 2021;3(2):230-54.	Hög risk för bias

Exkluderade studier	Orsak
Fam JY, Männikkö N, Juhari R, Kääriäinen M. Is parental mediation negatively associated with problematic media use among children and adolescents? A systematic review and meta-analysis. Canadian Journal of Behavioural Science / Revue canadienne des sciences du comportement. 2023;55(2):89-99.	Hög risk för bias
Freeman JL, Caldwell PHY, Scott KM. How Adolescents Trust Health Information on Social Media: A Systematic Review. Acad Pediatr. 2023;23(4):703-19.	Låg relevans
Ge MW, Hu FH, Jia YJ, Tang W, Zhang WQ, Zhao DY, m.fl. The Relationship Between Loneliness and Internet or Smartphone Addiction Among Adolescents: A Systematic Review and meta-Analysis. Psychol Rep. 2023;332941231180119.	Låg relevans
Gruebner O, van Haasteren A, Hug A, Elayan S, Sykora M, Albanese E, m.fl. Digital Platform Uses for Help and Support Seeking of Parents With Children Affected by Disabilities: Scoping Review. J Med Internet Res. 2022;24(12):e37972.	Hög risk för bias
Haddock A, Ward N, Yu R, O'Dea N. Positive Effects of Digital Technology Use by Adolescents: A Scoping Review of the Literature. Int J Environ Res Public Health. 2022;19(21).	Hög risk för bias
Hanley T, Prescott J, Gomez KU. A systematic review exploring how young people use online forums for support around mental health issues. J Ment Health. 2019;28(5):566-76.	Låg relevans
Holmgren HG, Padilla-Walker LM, Stockdale LA, Coyne SM. Parental media monitoring, prosocial violent media exposure, and adolescents' prosocial and aggressive behaviors. Aggress Behav. 2019;45(6):671-81.	Hög risk för bias
Hood R, Zabatiero J, Zubrick SR, Silva D, Straker L. The association of mobile touch screen device use with parent-child attachment: a systematic review. Ergonomics. 2021;64(12):1606-22.	Hög risk för bias
Jassogne C, Zdanowicz N. Real or Virtual Relationships: Does It Matter to Teens? Psychiatria Danubina. 2020;32:172-5.	Fel exponering
Jo S, Jang MY. Concept analysis of adolescent use of social media for emotional well-being. Int J Nurs Pract. 2023;29(1):e13116.	Hög risk för bias
Juthamanee S, Gunawan J. Factors related to Internet and game addiction among adolescents: A scoping review. Belitung Nurs J. 2021;7(2):62-71.	Låg relevans
Kaimara P, Oikonomou A, Deliyannis I. Could virtual reality applications pose real risks to children and adolescents? A systematic review of ethical issues and concerns. Virtual Real. 2022;26(2):697-735.	Fel utfall
Khatcherian E, Zullino D, De Leo D, Achab S. Feelings of Loneliness: Understanding the Risk of Suicidal Ideation in Adolescents with Internet Addiction. A Theoretical Model to Answer to a Systematic Literature Review, without Results. Int J Environ Res Public Health. 2022;19(4).	Låg relevans
Li S, Wu Z, Zhang Y, Xu M, Wang X, Ma X. Internet gaming disorder and aggression: A meta-analysis of teenagers and young adults. Front Public Health. 2023;11:1111889.	Låg relevans
Liang H, Wang X, An R. Influence of Pokemon GO on Physical Activity and Psychosocial Well-Being in Children and Adolescents: Systematic Review. J Med Internet Res. 2023;25:e49019.	Fel exponering
Linder LK, McDaniel BT, Stockdale L, Coyne SM. The impact of parent and child media use on early parent-infant attachment. Infancy. 2021;26(4):551-69.	Fel utfall

Exkluderade studier	Orsak
Lo Cricchio MG, Palladino BE, Eleftheriou A, Nocentini A, Menesini E. Parental Mediation Strategies and Their Role on Youths' Online Privacy Disclosure and Protection A Systematic Review. <i>EUROPEAN PSYCHOLOGIST.</i> 2022;27(2):116-30.	Hög risk för bias
Loudoun FM, Boyle B, Larsson-Lund M. Children's experiences of play in digital spaces: A scoping review. <i>PLoS One.</i> 2022;17(8):e0272630.	Hög risk för bias
Lukavská K, Hrabec O, Lukavský J, Demetrovics Z, Király O. The associations of adolescent problematic internet use with parenting: A meta-analysis. <i>Addict Behav.</i> 2022;135:107423.	Låg relevans
Lysenstoen C, Boe T, Hjetland GJ, Skogen JC. A Review of the Relationship Between Social Media Use and Online Prosocial Behavior Among Adolescents. <i>Front Psychol.</i> 2021;12:579347.	Hög risk för bias
Meherali S, Rahim KA, Campbell S, Lassi ZS. Does Digital Literacy Empower Adolescent Girls in Low- and Middle-Income Countries: A Systematic Review. <i>Front Public Health.</i> 2021;9:761394.	Fel population
Nannatt A, Tariang NM, Gowda M, Devassy SM. Family Factors Associated with Problematic Use of the Internet in Children: A Scoping Review. <i>Indian J Psychol Med.</i> 2022;44(4):341-8.	Låg relevans
Nielsen P, Favez N, Liddle H, Rigter H. Linking parental mediation practices to adolescents' problematic online screen use: A systematic literature review. <i>J Behav Addict.</i> 2019;8(4):649-63.	Hög risk för bias
Nielsen P, Favez N, Rigter H. Parental and Family Factors Associated with Problematic Gaming and Problematic Internet Use in Adolescents: a Systematic Literature Review. <i>Current Addiction Reports.</i> 2020;7(3):365-86.	Låg relevans
Niu X, Li JY, King DL, Rost DH, Wang HZ, Wang JL. The relationship between parenting styles and adolescent problematic Internet use: A three-level meta-analysis. <i>J Behav Addict.</i> 2023;12(3):652-69.	Låg relevans
Notara V, Vagka E, Gnardellis C, Lagiou A. The Emerging Phenomenon of Nomophobia in Young Adults: A Systematic Review Study. <i>Addict Health.</i> 2021;13(2):120-36.	Fel exponering
Popat A, Tarrant C. Exploring adolescents' perspectives on social media and mental health and well-being - A qualitative literature review. <i>Clin Child Psychol Psychiatry.</i> 2023;28(1):323-37.	Hög risk för bias
Rafiei Milajerdi H, Ordooiazar F, Dewey D. Is active video gaming associated with improvements in social behaviors in children with neurodevelopmental disorders: a systematic review. <i>Child Neuropsychol.</i> 2023;29(1):1-27.	Hög risk för bias
Rega V, Gioia F, Boursier V. Problematic Media Use among Children up to the Age of 10: A Systematic Literature Review. <i>Int J Environ Res Public Health.</i> 2023;20(10).	Låg relevans
Ricci RC, Paulo ASC, Freitas A, Ribeiro IC, Pires LSA, Facina MEL, m.fl. Impacts of technology on children's health: a systematic review. <i>Rev Paul Pediatr.</i> 2022;41:e2020504.	Låg relevans
Rocha B, Nunes C. Benefits and damages of the use of touchscreen devices for the development and behavior of children under 5 years old-a systematic review. <i>Psicol Reflex Crit.</i> 2020;33(1):24.	Fel utfall
Sage M, Jackson S. A Systematic Review of Internet Communication Technology Use by Youth in Foster Care. <i>Child Adolesc Social Work J.</i> 2022;39(4):375-90	Hög risk för bias
Sahu M, Gandhi S, Sharma MK. Mobile Phone Addiction Among Children and Adolescents: A Systematic Review. <i>J Addict Nurs.</i> 2019;30(4):261-8.	Låg relevans

Exkluderade studier	Orsak
Sanchez-Fernandez M, Borda-Mas M. Problematic smartphone use and specific problematic Internet uses among university students and associated predictive factors: a systematic review. <i>Educ Inf Technol (Dordr)</i> . 2023;28(6):7111-204.	Låg relevans
Saxena S, Mitchell J, Ehsan A, Majnemer A, Shikako-Thomas K. Online peer mentorship programmes for children and adolescents with neurodevelopmental disabilities: A systematic review. <i>Child Care Health Dev</i> . 2020;46(1):132-48.	Hög risk för bias
Senekal JS, Ruth Groenewald G, Wolfaardt L, Jansen C, Williams K. Social media and adolescent psychosocial development: a systematic review. <i>South African Journal of Psychology</i> . 2022;53(2):157-71.	Hög risk för bias
Ufholz KE, Flack KD, Roemmich JN. The influence of active video game play upon physical activity and screen-based activities in sedentary children. <i>PLoS One</i> . 2022;17(6):e0269057.	Låg relevans
Wang M, Lwin MO, Cayabyab YMTM, Hou GS, You ZL. A Meta-Analysis of Factors Predicting Parental Mediation of Children's Media Use Based on Studies Published Between 1992-2019. <i>Journal of Child and Family Studies</i> . 2023;32(5):1249-60.	Hög risk för bias
Webster D, Dunne L, Hunter R. Association Between Social Networks and Subjective Well-Being in Adolescents: A Systematic Review. <i>Youth & Society</i> . 2020;53(2):175-210.	Hög risk för bias
Wernholm M. A theoretical framework for understanding children's learning at play in a hybrid reality. <i>International Journal of Play</i> . 2021;10(3):261-84.	Hög risk för bias
Zhou Z, Cheng Q. Relationship between online social support and adolescents' mental health: A systematic review and meta-analysis. <i>J Adolesc</i> . 2022;94(3):281-92.	Hög risk för bias
Zhu Y, Deng L, Wan K. The association between parent-child relationship and problematic internet use among English- and Chinese-language studies: A meta-analysis. <i>Front Psychol</i> . 2022;13:885819.	Låg relevans

Sexuell hälsa

Tabell 5. Exkluderade översikter sexuell hälsa efter fulltextsgranskning och orsak till exklusion.

Exkluderade översikter	Orsak
Anastassiou A. Sexting and young people: a review of the qualitative literature. <i>Qual Rep</i> . 2017;22:9	Hög risk för bias
Arsad FS, Mia AK, Daud F. A Systematic Review of Immersive Social Media Activities and Risk Factors for Sexual Boundary Violations among Adolescents. <i>IIUM MEDICAL JOURNAL MALAYSIA</i> . 2021;20(1):159-70.	Hög risk för bias
Barrense-Dias Y, Berchtold A, Suris JC, Akre C. Sexting and the definition issue. <i>J Adolesc Health</i> . 2017;61:544-54.	Hög risk för bias
Berger MN, Taba M, Marino JL, Lim MSC, Skinner SR. Social Media Use and Health and Well-being of Lesbian, Gay, Bisexual, Transgender, and Queer Youth: Systematic Review. <i>J Med Internet Res</i> . 2022;24(9):e38449.	Annat område: HBTQI
Bilgrami Z, Mc LL, Milanaik R, Adesman A. Health implications of new-age technologies: a systematic review. <i>Minerva Pediatr</i> . 2017;69(4):348-67.	Fanns ej fulltext

Exkluderade översikter	Orsak
Broome LJ, Izura C, Lorenzo-Dus N. A systematic review of fantasy driven vs. contact driven internet-initiated sexual offences: Discrete or overlapping typologies? <i>Child Abuse Negl.</i> 2018;79:434-44.	Fel utfall
Choi EP, Wong JY, Fong DY. The use of social networking applications of smartphone and associated sexual risks in lesbian, gay, bisexual, and transgender populations: a systematic review. <i>AIDS Care.</i> 2017;29(2):145-55.	Annat område: HBTQI
Collier KM, Coyne SM, Rasmussen EE, Hawkins AJ, Padilla-Walker LM, Erickson SE, et al. Does parental mediation of media influence child outcomes? A meta-analysis on media time, aggression, substance use, and sexual behavior. <i>Dev Psychol.</i> 2016;52(5):798-812.	Fel exponering
Coyne SM, Ward LM, Kroff SL, Davis EJ, Holmgren HG, Jensen AC, et al. Contributions of Mainstream Sexual Media Exposure to Sexual Attitudes, Perceived Peer Norms, and Sexual Behavior: A Meta-Analysis. <i>J Adolesc Health.</i> 2019;64(4):430-6.	Hög risk för bias
Doyle C, Douglas E, O'Reilly G. The outcomes of sexting for children and adolescents: A systematic review of the literature. <i>J Adolesc.</i> 2021;92:86-113.	Hög risk för bias
Gaidhane AM, Sinha A, Khatib MN, Simkhada P, Behere PB, Saxena D, et al. A Systematic Review on Effect of Electronic Media on Diet, Exercise, and Sexual Activity among Adolescents. <i>Indian J Community Med.</i> 2018;43(Suppl 1):S56-s65.	Fel exponering
Gewirtz-Meydan A, Volman-Pampangel D, Opuda E, Tarshish N. Dating Apps: A New Emerging Platform for Sexual Harassment? A Scoping Review. <i>Trauma Violence Abuse.</i> 2024;25(1):752-63.	Fel population
Gilbey D, Morgan H, Lin A, Perry Y. Effectiveness, Acceptability, and Feasibility of Digital Health Interventions for LGBTIQ+ Young People: Systematic Review. <i>J Med Internet Res.</i> 2020;22(12):e20158.	Annat område: HBTQI
Handschohu C, La Cross A, Smaldone A. Is Sexting Associated with Sexual Behaviors During Adolescence? A Systematic Literature Review and Meta-Analysis. <i>J Midwifery Womens Health.</i> 2019;64(1):88-97.	Låg relevans
Hermand M, Benyamina A, Donnadieu-Rigole H, Petillion A, Amrouche A, Roméo B, et al. Addictive Use of Online Sexual Activities and its Comorbidities: a Systematic Review. <i>CURRENT ADDICTION REPORTS.</i> 2020;7(2):194-209.	Fel population
Knight R, Karamouzian M, Salway T, Gilbert M, Shoveller J. Online interventions to address HIV and other sexually transmitted and blood-borne infections among young gay, bisexual and other men who have sex with men: a systematic review. <i>J Int AIDS Soc.</i> 2017;20(3).	Annat område: HBTQI
Koops T, Dekker A, Briken P. Online sexual activity involving webcams—An overview of existing literature and implications for sexual boundary violations of children and adolescents. <i>Behavioral Sciences & the Law.</i> 2018;36(2):182-97.	Fel utfall
Kosenko K, Luurs G, Binder AR. Sexting and Sexual Behavior, 2011-2015: A Critical Review and Meta-Analysis of a Growing Literature. <i>JOURNAL OF COMPUTER-MEDIATED COMMUNICATION.</i> 2017;22(3):141-60.	Hög risk för bias

Exkluderade översikter	Orsak
Krieger MA. Unpacking "Sexting": A Systematic Review of Nonconsensual Sexting in Legal, Educational, and Psychological Literatures. <i>Trauma Violence Abuse.</i> 2017;18(5):593-601.	Hög risk för bias
Liu Y, Wu YC, Fu H, Guo WY, Wang X. Digital intervention in improving the outcomes of mental health among LGBTQ+ youth: a systematic review. <i>Front Psychol.</i> 2023;14:1242928.	Annat område: HBTQI
Madigan S, Villani V, Azzopardi C, Laut D, Smith T, Temple JR, et al. The Prevalence of Unwanted Online Sexual Exposure and Solicitation Among Youth: A Meta-Analysis. <i>J Adolesc Health.</i> 2018;63(2):133-41.	Fel utfall
Molla-Esparza C, Losilla JM, López-González E. Prevalence of sending, receiving and forwarding sexts among youths: A three-level meta-analysis. <i>PLoS One.</i> 2020;15(12):e0243653.	Fel utfall
Mori C, Park J, Temple JR, Madigan S. Are Youth Sexting Rates Still on the Rise? A Meta-analytic Update. <i>J Adolesc Health.</i> 2022;70(4):531-9.	Fel utfall
Pathmendra P, Raggatt M, Lim MS, Marino JL, Skinner SR. Exposure to Pornography and Adolescent Sexual Behavior: Systematic Review. <i>J Med Internet Res.</i> 2023;25:e43116.	Låg relevans
Raine G, Khouja C, Scott R, Wright K, Sowden AJ. Pornography use and sexting amongst children and young people: a systematic overview of reviews. <i>Syst Rev.</i> 2020;9(1):283.	Fel studiedesign
Rodenizer KAE, Edwards KM. The impacts of sexual media exposure on adolescent and emerging adults' dating and sexual violence attitudes and behaviors: A critical review of the literature. <i>Trauma, Violence, & Abuse.</i> 2019;20(4):439-52.	Hög risk för bias
Van Ouytsel J, Walrave M, Ponnet K, Heirman W. The association between adolescent sexting, psychosocial difficulties, and risk behavior: integrative review. <i>J Sch Nurs.</i> 2015;31(1):54-69.	Hög risk för bias
Vannucci A, Simpson EG, Gagnon S, Ohannessian CM. Social media use and risky behaviors in adolescents: A meta-analysis. <i>J Adolesc.</i> 2020;79:258-74.	Hög risk för bias
Veronese V, Ryan KE, Hughes C, Lim MS, Pedrana A, Stoové M. Using Digital Communication Technology to Increase HIV Testing Among Men Who Have Sex With Men and Transgender Women: Systematic Review and Meta-Analysis. <i>J Med Internet Res.</i> 2020;22(7):e14230.	Annat område: HBTQI
Wang HD, Zhang L, Zhou Y, Wang KK, Zhang XY, Wu JH, et al. The use of geosocial networking smartphone applications and the risk of sexually transmitted infections among men who have sex with men: a systematic review and meta-analysis. <i>BMC PUBLIC HEALTH.</i> 2018;18.	Annat område: HBTQI
Wang Y, Mitchell JW, Zhang C, Liu Y. Evidence and implication of interventions across various socioecological levels to address pre-exposure prophylaxis uptake and adherence among men who have sex with men in the United States: a systematic review. <i>AIDS Res Ther.</i> 2022;19(1):28.	Annat område: HBTQI
Wong HTH, Prankumar SK, Cui J, Tumwine C, Addo IY, Kan W, et al. Information and communication technology-based health interventions for transgender people: A scoping review. <i>PLOS Glob Public Health.</i> 2022;2(9):e0001054.	Annat område: HBTQI

Exkluderade översikter	Orsak
Xin M, Viswanath K, Li AY, Cao W, Hu Y, Lau JT, et al. The Effectiveness of Electronic Health Interventions for Promoting HIV-Preventive Behaviors Among Men Who Have Sex With Men: Meta-Analysis Based on an Integrative Framework of Design and Implementation Features. <i>J Med Internet Res.</i> 2020;22(5):e15977.	Annat område: HBTQI

Levnadsvanor

Sömn

Tabell 6. Exkluderade översikter om sömn efter fulltextsgranskning och orsak till exklusion.

Referens	Orsak
Azem L, Al Alwani R, Lucas A, Alsaadi B, Njihia G, Bibi B, et al. Social Media Use and Depression in Adolescents: A Scoping Review. <i>Behav Sci (Basel).</i> 2023;13(6).	Hög risk för bias
Belmon LS, van Stralen MM, Busch V, Harmsen IA, Chinapaw MJM. What are the determinants of children's sleep behavior? A systematic review of longitudinal studies. <i>Sleep Med Rev.</i> 2019;43:60-70.	Hög risk för bias
Bozzola E, Spina G, Agostiniani R, Barni S, Russo R, Scarpato E, et al. The Use of Social Media in Children and Adolescents: Scoping Review on the Potential Risks. <i>Int J Environ Res Public Health.</i> 2022;19(16).	Hög risk för bias
Cilligol Karabey S, Palancı A, Turan Z. How does smartphone addiction affect the lives of adolescents socially and academically?: a systematic review study. <i>Psychol Health Med.</i> 2023;1:24.	Fel studiedesign
de Sa S, Baiao A, Marques H, Marques MDC, Reis MJ, Dias S, et al. The Influence of Smartphones on Adolescent Sleep: A Systematic Literature Review. <i>Nurs Rep.</i> 2023;13(2):612-21.	Hög risk för bias
Jahrami H, Fekih Romdhane F, Pandi-Perumal SR, BaHammam AS, Vitiello MV. Global research evidence on nomophobia during 2008-2022: a bibliometric analysis and review. <i>Psychol Health Med.</i> 2023;1:16.	Fel population
Khalaf AM, Alubied AA, Khalaf AM, Rifaey AA. The Impact of Social Media on the Mental Health of Adolescents and Young Adults: A Systematic Review. <i>Cureus.</i> 2023;15(8):e42990.	Hög risk för bias
Kokka I, Mourikis I, Nicolaides NC, Darviri C, Chrousos GP, Kanaka-Gantenbein C, et al. Exploring the Effects of Problematic Internet Use on Adolescent Sleep: A Systematic Review. <i>Int J Environ Res Public Health.</i> 2021;18(2).	Hög risk för bias
Liu J, Ji X, Rovit E, Pitt S, Lipman T. Childhood sleep: assessments, risk factors, and potential mechanisms. <i>World J Pediatr.</i> 2022;1:17.	Hög risk för bias
Liu J, Riesch S, Tien J, Lipman T, Pinto-Martin J, O'Sullivan A. Screen Media Overuse and Associated Physical, Cognitive, and Emotional/Behavioral Outcomes in Children and Adolescents: An Integrative Review. <i>J Pediatr Health Care.</i> 2022;36(2):99-109.	Hög risk för bias
Mac Cáirtheigh S, Griffin C, Perry J. The relationship between sleep and problematic smartphone use among adolescents: A systematic review. <i>Developmental Review.</i> 2020;55.	Hög risk för bias
Mac Cáirtheigh S, Perry J, Griffin C. Do objective data support the claim that problematic smartphone use has a clinically meaningful impact upon adolescent sleep duration? <i>Behaviour & Information Technology.</i> 2022;42(15):2626-38.	Fel studiedesign
Mallawaarachchi SR, Anglim J, Hooley M, Horwood S. Associations of smartphone and tablet use in early childhood with psychosocial, cognitive and sleep factors: a systematic review and meta-analysis. <i>Early Childhood Research Quarterly.</i> 2022;60:13-33.	Hög risk för bias

Referens	Orsak
Martin A, Pugmire J, Riddell J, Wells V, McMellon C, Skivington K, et al. Systematic literature review of the relationship between adolescents' screen time, sleep and mental health. <i>International Journal of Behavioral Medicine.</i> 2021;28(Suppl 1):S72-S3.	Fel studiedesign
Moorman JD, Morgan P, Adams TL. The Implications of Screen Media Use for the Sleep Behavior of Children Ages 0-5: a Systematic Review of the Literature. <i>Current Sleep Medicine Reports.</i> 2019;5(3):164-72.	Hög risk för bias
Rega V, Gioia F, Boursier V. Problematic Media Use among Children up to the Age of 10: A Systematic Literature Review. <i>Int J Environ Res Public Health.</i> 2023;20(10).	Hög risk för bias
Shin M, Juventin M, Wai Chu JT, Manor Y, Kemps E. Online media consumption and depression in young people: A systematic review and meta-analysis. <i>Computers in Human Behavior.</i> 2022;128:14.	Fel utfall
Silva SSD, Silveira MACD, Almeida HCR, Nascimento MCPD, Santos MAMD, Heimer MV. Use of digital screens by adolescents and association on sleep quality: a systematic review. <i>Cad Saude Publica.</i> 2022;38(10):e00300721.	Hög risk för bias
Stiglic N, Viner RM. Effects of screentime on the health and well-being of children and adolescents: a systematic review of reviews. <i>BMJ Open.</i> 2019;9(1):e023191.	Fel studiedesign
Sugaya N, Shirasaka T, Takahashi K, Kanda H. Bio-psychosocial factors of children and adolescents with internet gaming disorder: a systematic review. <i>Biopsychosoc Med.</i> 2019;13:3.	Hög risk för bias
Trott M, Driscoll R, Irlado E, Pardhan S. Changes and correlates of screen time in adults and children during the COVID-19 pandemic: A systematic review and meta-analysis. <i>EClinicalMedicine.</i> 2022;48:101452.	Fel exponering
Wacks Y, Weinstein AM. Excessive Smartphone Use Is Associated With Health Problems in Adolescents and Young Adults. <i>Front Psychiatry.</i> 2021;12:669042.	Hög risk för bias
Zhang Y, Tian S, Zou D, Zhang H, Pan CW. Screen time and health issues in Chinese school-aged children and adolescents: a systematic review and meta-analysis. <i>BMC Public Health.</i> 2022;22(1):810.	Fel population
Zhang Z, Sousa-Sa E, Pereira JR, Okely AD, Feng X, Santos R. Correlates of Sleep Duration in Early Childhood: A Systematic Review. <i>Behav Sleep Med.</i> 2021;19(3):407-25.	Hög risk för bias

Fysisk aktivitet och stillasittande

Exkluderade översikter	Orsak
Aziz N, Nordin MJ, Abdulkadir SJ, Salih MMM. Digital Addiction: Systematic Review of Computer Game Addiction Impact on Adolescent Physical Health. <i>Electronics.</i> 2021;10(9):18.	Fel population
Canabrava KLR, Amorim PRD, Miranda VPN, Priore SE, Castro SD. Sedentary Behavior and Cardiovascular Risk in Children: A Systematic Review. <i>Revista Brasileira De Medicina Do Esporte.</i> 2019;25(5):433-41.	Fel utfall
Chan G, Huo Y, Kelly S, Leung J, Tisdale C, Gullo M. The impact of eSports and online video gaming on lifestyle behaviours in youth: A systematic review. <i>Comput Human Behav.</i> 2022;126:16.	Hög risk för bias för utfallet fysisk aktivitet
Chen B, Kui KY, Padmapriya N, Muller AM, Muller-Riemenschneider F. Correlates of sedentary behavior in Asian preschool-aged children: A systematic review. <i>Obes Rev.</i> 2022;23(9):e13485.	Fel population
Fang K, Mu M, Liu K, He Y. Screen time and childhood overweight/obesity: A systematic review and meta-analysis. <i>Child Care Health Dev.</i> 2019;45(5):744-53.	Hög risk för bias

Exkluderade översikter	Orsak
Ghasemirad M, Ketabi L, Fayyazishishavan E, Hojati A, Maleki ZH, Gerami MH, et al. The association between screen use and central obesity among children and adolescents: a systematic review and meta-analysis. <i>J Health Popul Nutr.</i> 2023;42(1):51.	Hög risk för bias
Guerra PH, Barbosa Filho VC, Almeida A, Silva LS, Pinto MTV, Leonel RM, et al. Systematic Review of Physical Activity and Sedentary Behavior Indicators in South-American Preschool Children. <i>Rev Paul Pediatr.</i> 2020;38:e2018112.	Fel studiedesign
Haghjoo P, Siri G, Soleimani E, Farhangi MA, Alesaeidi S. Screen time increases overweight and obesity risk among adolescents: a systematic review and dose-response meta-analysis. <i>BMC Prim Care.</i> 2022;23(1):161.	Hög risk för bias
Jia P, Shi Y, Jiang Q, Dai S, Yu B, Yang S, et al. Environmental determinants of childhood obesity: a meta-analysis. <i>Lancet Glob Health.</i> 2023;11 Suppl 1:S7.	Fel exponering
Julian V, Ring-Dimitriou S, Wyszynska J, Mazur A, Matłosz P, Frelut ML, et al. There Is a Clinical Need to Consider the Physical Activity: Sedentary Pattern in Children with Obesity - Position Paper of the European Childhood Obesity Group. <i>Ann Nutr Metab.</i> 2022;78(4):236-41.	Fel studiedesign
Kininmonth AR, Smith AD, Llewellyn CH, Dye L, Lawton CL, Fildes A. The relationship between the home environment and child adiposity: a systematic review. <i>Int J Behav Nutr Phys Act.</i> 2021;18(1):4.	Hög risk för bias
Kontostoli E, Jones AP, Pearson N, Foley L, Biddle SJH, Atkin AJ. Age-related change in sedentary behavior during childhood and adolescence: A systematic review and meta-analysis. <i>Obes Rev.</i> 2021;22(9):e13263.	Övrigt
Kracht CL, Joseph ED, Staiano AE. Video Games, Obesity, and Children. <i>Curr Obes Rep.</i> 2020;9(1):1-14.	Fel studiedesign
Lee KX, Quek KF, Ramadas A. Dietary and Lifestyle Risk Factors of Obesity Among Young Adults: A Scoping Review of Observational Studies. <i>Curr Nutr Rep.</i> 2023.	Fel studiedesign
Li C, Cheng G, Sha T, Cheng W, Yan Y. The Relationships between Screen Use and Health Indicators among Infants, Toddlers, and Preschoolers: A Meta-Analysis and Systematic Review. <i>Int J Environ Res Public Health.</i> 2020;17(19).	Hög risk för bias
Liberali R, Del Castanhel F, Kupek E, Assis MAA. Latent Class Analysis of Lifestyle Risk Factors and Association with Overweight and/or Obesity in Children and Adolescents: Systematic Review. <i>Child Obes.</i> 2021;17(1):2-15. DOI:10.1089/chi.2020.0115.	Fel utfall
Liu J, Riesch S, Tien J, Lipman T, Pinto-Martin J, O'Sullivan A. Screen Media Overuse and Associated Physical, Cognitive, and Emotional/Behavioral Outcomes in Children and Adolescents: An Integrative Review. <i>J Pediatr Health Care.</i> 2022;36(2):99-109.	Hög risk för bias
Navarra GA, Thomas E, Scardina A, Izadi M, Zangla D, De Dominicis S, et al. Effective Strategies for Promoting Physical Activity through the Use of Digital Media among School-Age Children: A Systematic Review. <i>Sustainability.</i> 2021;13(20):12.	Fel exponering
Nwosu E, Makwambeni P, Herstad SH, Etsebeth H, Hendricks G, Aguiar A, et al. Longitudinal relationship between adolescents' mental health, energy balance-related behavior, and anthropometric changes. <i>Obes Rev.</i> 2023;24 Suppl 2:e13629.	Fel exponering
Poorolajal J, Sahraei F, Mohammadi Y, Doosti-Irani A, Moradi L. Behavioral factors influencing childhood obesity: a systematic review and meta-analysis. <i>Obes Res Clin Pract.</i> 2020;14(2):109-18.	Fel utfall
Ramezankhani A, Alipour-Anbarani M, Saeidi M. The Factors Determining the Physical Activity of Students: A Systematic Review. <i>International Journal of Pediatrics-Mashhad.</i> 2019;7(8):9977-85.	Fel exponering

Exkluderade översikter	Orsak
Shao T, Zhou X. Correlates of physical activity habits in adolescents: A systematic review. <i>Front Physiol.</i> 2023;14:1131195.	Hög risk för bias
Stiglic N, Viner RM. Effects of screentime on the health and well-being of children and adolescents: a systematic review of reviews. <i>BMJ Open.</i> 2019;9(1):e023191.	Fel studiedesign
Tripaithi M, Mishra SK. Screen time and adiposity among children and adolescents: a systematic review. <i>Journal of Public Health-Heidelberg.</i> 2020;28(3):227-44.	Hög risk för bias
Wilhite K, Booker B, Huang BH, Antczak D, Corbett L, Parker P, et al. Combinations of Physical Activity, Sedentary Behavior, and Sleep Duration and Their Associations With Physical, Psychological, and Educational Outcomes in Children and Adolescents: A Systematic Review. <i>Am J Epidemiol.</i> 2023;192(4):665-79.	Hög risk för bias
Wu Y, Amirfakhraei A, Ebrahimzadeh F, Jahangiry L, Abbasalizad-Farhangi M. Screen Time and Body Mass Index Among Children and Adolescents: A Systematic Review and Meta-Analysis. <i>Front Pediatr.</i> 2022;10:822108.	Övrigt
Zhang T, Lu G, Wu XY. Associations between physical activity, sedentary behaviour and self-rated health among the general population of children and adolescents: a systematic review and meta-analysis. <i>BMC Public Health.</i> 2020;20(1):1343.	Fel utfall
Zhang Y, Tian S, Zou D, Zhang H, Pan CW. Screen time and health issues in Chinese school-aged children and adolescents: a systematic review and meta-analysis. <i>BMC Public Health.</i> 2022;22(1):810.	Fel population
Zosel K, Monroe C, Hunt E, Laflamme C, Brazendale K, Weaver RG. Examining adolescents' obesogenic behaviors on structured days: a systematic review and meta-analysis. <i>Int J Obes (Lond).</i> 2022;46(3):466-75.	Fel exponering

Alkohol, narkotika, tobaks- och nikotinprodukter och spel om pengar (ANTS)

Alkohol och narkotika

Tabell 7. Exkluderade översikter om alkohol och narkotika efter fulltextsgranskning och orsak till exklusion.

Exkluderade studier	Orsak
Alhabash S, Park S, Smith S, Hendriks H, Dong Y. Social Media Use and Alcohol Consumption: A 10-Year Systematic Review. <i>Int J Environ Res Public Health.</i> 2022;19(18).	Hög risk för bias
Bonilla-Zorita G, Griffiths MD, Kuss DJ. Online dating and problematic use: A systematic review. <i>International Journal of Mental Health and Addiction.</i> 2021;19(6):2245-78.	Hög risk för bias
Buchanan L, Kelly B, Yeatman H, Karippanon K. The Effects of Digital Marketing of Unhealthy Commodities on Young People: A Systematic Review. <i>Nutrients.</i> 2018;10(2).	Hög risk för bias
Burleigh TL, Griffiths MD, Sumich A, Stavropoulos V, Kuss DJ. A Systematic Review of the Co-occurrence of Gaming Disorder and Other Potentially Addictive Behaviors. <i>Current Addiction Reports.</i> 2019;6(4):383-401.	Hög risk för bias
Calvo F, Carbonell X. Is Facebook use healthy for individuals experiencing homelessness? A scoping review on social networking and living in the streets. <i>J Ment Health.</i> 2019;28(5):505-19.	Hög risk för bias

Exkluderade studier	Orsak
Cheng B, Lim CCW, Rutherford BN, Huang S, Ashley DP, Johnson B, et al. A systematic review and meta-analysis of the relationship between youth drinking, self-posting of alcohol use and other social media engagement (2012–21). <i>Addiction</i> . 2024;119(1):28-46.	Hög risk för bias
Curtis BL, Lookatch SJ, Ramo DE, McKay JR, Feinn RS, Kranzler HR. Meta-analysis of the association of alcohol-related social media use with alcohol consumption and alcohol-related problems in adolescents and young adults. <i>Alcoholism: Clinical and Experimental Research</i> . 2018;42(6):978-86.	Hög risk för bias
Díaz IA, Kopecky K, Rodríguez JMR, Reche MPC, Torres JMT. Pathologies associated with Problematic Internet Use. A systematic review and meta-analysis in WoS and Scopus. <i>Investigacion Bibliotecologica</i> . 2020;34(82):229-53.	Fel språk
Faelens L, Hoorelbeke K, Cambier R, van Put J, Van de Putte E, De Raedt R, et al. The relationship between Instagram use and indicators of mental health: A systematic review. <i>Computers in Human Behavior Reports</i> . 2021;4:18.	Hög risk för bias
Fung IC, Blankenship EB, Ahwyevu JO, Cooper LK, Duke CH, Carswell SL, et al. Public Health Implications of Image-Based Social Media: A Systematic Review of Instagram, Pinterest, Tumblr, and Flickr. <i>Perm J</i> . 2020;24.	Fel utfall
Kantawong E, Kao T-SA, Robbins LB, Ling J, Anderson-Carpenter KD. Adolescents' perceived drinking norms toward alcohol misuse: An integrative review. <i>Western Journal of Nursing Research</i> . 2022;44(5):477-92.	Hög risk för bias
Khatib MN, Sinha A, Gaidhane AM, Simkhada P, Behere PB, Saxena D, et al. A Systematic Review on Effect of Electronic Media among Children and Adolescents on Substance Abuse. <i>Indian J Community Med</i> . 2018;43:S66-s72.	Fel studiedesign
Lanthier-Labonté S, Dufour M, Milot DM, Loslier J. Is problematic Internet use associated with substance use among youth? A systematic review. <i>European Journal of Public Health</i> . 2019;29:1.	Fel publikationstyp
Monteiro Pereira A, Costa JA, Verhagen E, Figueiredo P, Brito J. Associations Between Esports Participation and Health: A Scoping Review. <i>Sports Med</i> . 2022;52(9):2039-60.	Hög risk för bias
Nawi AM, Ismail R, Ibrahim F, Hassan MR, Manaf MRA, Amit N, et al. Risk and protective factors of drug abuse among adolescents: a systematic review. <i>BMC Public Health</i> . 2021;21(1):2088.	Hög risk för bias
Neophytou E, Manwell LA, Eikelboom R. Effects of excessive screen time on neurodevelopment, learning, memory, mental health, and neurodegeneration: A scoping review. <i>International Journal of Mental Health and Addiction</i> . 2021;19(3):724-44.	Hög risk för bias
Noel JK, Sammartino CJ, Rosenthal SR. Exposure to Digital Alcohol Marketing and Alcohol Use: A Systematic Review. <i>J Stud Alcohol Drugs Suppl</i> . 2020;57-67.	Hög risk för bias
Reisdorfer E, Nesari M, Krell K, Johnston S, Dunlop RZ, Chute A, et al. The Influence of Social Media on Alcohol Consumption of Mothers of Children and Adolescents: A Scoping Review of the Literature. <i>Nurs Rep</i> . 2023;13(2):682-96.	Hög risk för bias
Sánchez-Fernández M, Borda-Mas M, Mora-Merchán J. Problematic internet use by university students and associated predictive factors: A systematic review. <i>Computers in Human Behavior</i> . 2023;139:32.	Fel utfall
Shahjehan A, Shah SI, Qureshi JA, Wajid A. A META-ANALYSIS OF SMARTPHONE ADDICTION AND BEHAVIORAL OUTCOMES. <i>International Journal of Management Studies</i> . 2021;28(2):103-25.	Fel utfall
Taquette SR, Monteiro DLM. Causes and consequences of adolescent dating violence: a systematic review. <i>J Inj Violence Res</i> . 2019;11(2):137-47.	Hög risk för bias
Vannucci A, Simpson EG, Gagnon S, Ohannessian CM. Social media use and risky behaviors in adolescents: A meta-analysis. <i>Journal of Adolescence</i> . 2020;79:258-74.	Hög risk för bias
Wacks Y, Weinstein AM. Excessive smartphone use is associated with health problems in adolescents and young adults. <i>Frontiers in Psychiatry</i> . 2021;12.	Hög risk för bias

Tobaks- och nikotinprodukter

Tabell 8. Exkluderade översikter om tobaks- och nikotinprodukter efter fulltextsgranskning och orsak till exklusjon.

Exkluderade studier	Orsak
Amin S, Dunn AG, Laranjo L. Social influence in the uptake and use of electronic cigarettes: A systematic review. <i>American Journal of Preventive Medicine</i> . 2020;58(1):129-41.	Hög risk för bias
Biagioli S, Baroni M, Melis F, Baldini F, Menicucci D, Potente R, m.fl. Cyberbullying Roles and the Use of Psychoactive Substances: A Systematic Review. <i>Adolescent Research Review</i> . 2023;8(4):423-55.	Fel exponering
Buchanan L, Kelly B, Yeatman H, Karippanon K. The Effects of Digital Marketing of Unhealthy Commodities on Young People: A Systematic Review. <i>Nutrients</i> . 2018;10(2).	Hög risk för bias
Chacon L, Mitchell G, Golder S. The commercial promotion of electronic cigarettes on social media and its influence on positive perceptions of vaping and vaping behaviours in Anglophone countries: A scoping review. <i>PLOS Glob Public Health</i> . 2024;4(1):e0002736.	Hög risk för bias
Collins L, Glasser AM, Abudayyeh H, Pearson JL, Villanti AC. E-cigarette marketing and communication: How e-cigarette companies market e-cigarettes and the public engages with e-cigarette information. <i>Nicotine & Tobacco Research</i> . 2019;21(1):14-24.	Hög risk för bias
Crane CA, Wiernik BM, Berbary CM, Crawford M, Schlauch RC, Easton CJ. A meta-analytic review of the relationship between cyber aggression and substance use. <i>Drug Alcohol Depend</i> . 2021;221:108510.	Fel exponering
Donaldson SI, Dormanesh A, Perez C, Majmundar A, Allem JP. Association Between Exposure to Tobacco Content on Social Media and Tobacco Use: A Systematic Review and Meta-analysis. <i>JAMA Pediatr</i> . 2022;176(9):878-85.	Hög risk för bias
Derksen ME, van Strijp S, Kunst AE, Daams JG, Jaspers MWM, Fransen MP. Serious games for smoking prevention and cessation: A systematic review of game elements and game effects. <i>J Am Med Inform Assoc</i> . 2020;27(5):818-33.	Fel studiedesign
Donaldson SI, Dormanesh A, Majmundar A, Pérez C, Lopez H, Saghan M, m.fl. Examining the peer-reviewed literature on tobacco-related social media data: scoping review. <i>Nicotine Tob Res</i> . 2023.	Fel utfall
Engel E, Gell S, Heiss R, Karsay K. Social media influencers and adolescents' health: A scoping review of the research field. <i>Soc Sci Med</i> . 2024;340:116387.	Fel utfall
Kwon M, Park E. Perceptions and Sentiments About Electronic Cigarettes on Social Media Platforms: Systematic Review. <i>JMIR Public Health Surveill</i> . 2020;6(1):e13673.	Fel utfall
Lee SJ, Rees VW, Yossefy N, Emmons KM, Tan ASL. Youth and Young Adult Use of Pod-Based Electronic Cigarettes From 2015 to 2019: A Systematic Review. <i>JAMA Pediatr</i> . 2020;174(7):714-20.	Fel exponering
McCausland K, Maycock B, Leaver T, Jancey J. The Messages Presented in Electronic Cigarette-Related Social Media Promotions and Discussion: Scoping Review. <i>J Med Internet Res</i> . 2019;21(2):e11953.	Fel utfall
O'Brien EK, Hoffman L, Navarro MA, Ganz O. Social media use by leading US e-cigarette, cigarette, smokeless tobacco, cigar and hookah brands. <i>Tobacco Control</i> . 2020;29:E87-E97.	Fel utfall
Ranjit A, McCutchan G, Brain K, Poole R. "That's the whole thing about vaping, it's custom tasty goodness": a meta-ethnography of young adults' perceptions and experiences of e-cigarette use. <i>Subst Abuse Treat Prev Policy</i> . 2021;16(1):85.	Fel exponering
Rutherford BN, Lim CCW, Johnson B, Cheng B, Chung J, Huang S, m.fl. #TurnTrending: A systematic review of substance use portrayals on social media platforms. <i>Addiction</i> . 2023;118(2):206-17.	Fel utfall

Exkluderade studier	Orsak
Rutherford BN, Lim CCW, Cheng B, Sun T, Vu GT, Johnson B, m.fl. Viral Vaping: A systematic review and meta analysis of e-cigarette and Tobacco-Related social media content and its influence on youth behaviours and attitudes. <i>Addict Behav.</i> 2023;147:107828.	Hög risk för bias
Smith MJ, Buckton C, Patterson C, Hilton S. User-generated content and influencer marketing involving e-cigarettes on social media: a scoping review and content analysis of YouTube and Instagram. <i>BMC Public Health.</i> 2023;23(1):530.	Fel utfall
Su W, Han X, Jin C, Yan Y, Potenza MN. Are males more likely to be addicted to the internet than females? A meta-analysis involving 34 global jurisdictions. <i>Computers in Human Behavior.</i> 2019;99:86-100.	Fel exponering
Suarez-Lledo V, Alvarez-Galvez J. Prevalence of Health Misinformation on Social Media: Systematic Review. <i>J Med Internet Res.</i> 2021;23(1):e17187.	Fel utfall
Wang Y, McKee M, Torbica A, Stuckler D. Systematic Literature Review on the Spread of Health-related Misinformation on Social Media. <i>Soc Sci Med.</i> 2019;240:112552.	Fel utfall
Wright CL, Ball T, Kambour K, Machado L, Defrancesco T, Hamilton C, m.fl. Music and substance use: A meta-analytic review. <i>Journal of Ethnicity in Substance Abuse.</i> 2020;19(2):208-37.	Fel exponering
Yang ZY, Velasco F, Tanner EC, Tanner JF. How Do Vape Advertising Campaigns Affect Consumers' Vaping Tendency? A Meta-Analytic Investigation. <i>Journal of Public Policy & Marketing.</i> 2023;23.	Hög risk för bias
Yeung AWK, Tosevska A, Klager E, Eibensteiner F, Tsagkaris C, Parvanov ED, m.fl. Medical and Health-Related Misinformation on Social Media: Bibliometric Study of the Scientific Literature. <i>Journal of Medical Internet Research.</i> 2022;24(1):17.	Fel utfall

Spel om pengar

Tabell 9. Exkluderade översikter om spel om pengar efter fulltextsgranskning och orsak till exklusion.

Exkluderade studier	Orsak
Castro-Calvo J, Beltrán-Martínez P, Flayelle M, Billieux J. Rumination Across Internet Use Disorders (IUDs): a Systematic Review. <i>Curr Addict Rep.</i> 2022;9(4):540-70.	Fel exponering
Garea SS, Drummond A, Sauer JD, Hall LC, Williams MN. Meta-analysis of the relationship between problem gambling, excessive gaming and loot box spending. <i>International Gambling Studies.</i> 2021;21(3):460-79.	Hög risk för bias
Gibson E, Griffiths MD, Calado F, Harris A. The relationship between videogame micro-transactions and problem gaming and gambling: A systematic review. <i>Computers in Human Behavior.</i> 2022;131:16.	Hög risk för bias
Guillou-Landreat M, Gallopel-Morvan K, Lever D, Le Goff D, Le Reste JY. Gambling Marketing Strategies and the Internet: What Do We Know? A Systematic Review. <i>Front Psychiatry.</i> 2021;12:583817.	Hög risk för bias
Killick EA, Griffiths MD. In-Play Sports Betting: a Scoping Study. <i>International Journal of Mental Health and Addiction.</i> 2019;17(6):1456-95.	Fel exponering
Kim HS, Leslie RD, Stewart SH, King DL, Demetrovics Z, Andrade ALM, et al. A scoping review of the association between loot boxes, esports, skin betting, and token wagering with gambling and video gaming behaviors. <i>J Behav Addict.</i> 2023;12(2):309-51.	Hög risk för bias
Kolandai-Matchett K, Abbott MW. Gaming-Gambling Convergence: Trends, Emerging Risks, and Legislative Responses. <i>International Journal of Mental Health and Addiction.</i> 2022;20(4):2024-56.	Hög risk för bias

Exkluderade studier	Orsak
Lopez-Fernandez O, Kuss DJ. Preventing Harmful Internet Use-Related Addiction Problems in Europe: A Literature Review and Policy Options. <i>Int J Environ Res Public Health.</i> 2020;17(11):20.	Hög risk för bias
Montiel I, Basterra-Gonzalez A, Machimbarrena JM, Ortega-Baron J, Gonzalez-Cabrera J. Loot box engagement: A scoping review of primary studies on prevalence and association with problematic gaming and gambling. <i>PLoS One.</i> 2022;17(1):e0263177.	Hög risk för bias
Montiel I, Ortega-Baron J, Basterra-Gonzalez A, Gonzalez-Cabrera J, Machimbarrena JM. Problematic online gambling among adolescents: A systematic review about prevalence and related measurement issues. <i>J Behav Addict.</i> 2021;10(3):566-86.	Fel exponering
Muñoz EM, Ruiz EM, Montserrat AS. Association between Mood Disorders, Problematic Internet Use and Online Gambling Addiction: A Systematic Review. <i>European Psychiatry.</i> 2022;65:S834-S.	Fel publikationsdesign
Raneri PC, Montag C, Rozgonjuk D, Satel J, Pontes HM. The role of microtransactions in Internet Gaming Disorder and Gambling Disorder: A preregistered systematic review. <i>Addict Behav Rep.</i> 2022;15:100415.	Hög risk för bias
Richard J, King SM. Annual Research Review: Emergence of problem gambling from childhood to emerging adulthood: a systematic review. <i>J Child Psychol Psychiatry.</i> 2023;64(4):645-88.	Hög risk för bias
Savolainen I, Sirola A, Vuorinen I, Mantere E, Oksanen A. Online Communities and Gambling Behaviors - a Systematic Review. <i>Curr Addict Rep.</i> 2022;9(4):400-9.	Hög risk för bias
Sirola A, Savela N, Savolainen I, Kaakinen M, Oksanen A. The Role of Virtual Communities in Gambling and Gaming Behaviors: A Systematic Review. <i>J Gambl Stud.</i> 2021;37(1):165-87.	Hög risk för bias
Yokomitsu K, Irie T, Shinkawa H, Tanaka M. Characteristics of Gamers who Purchase Loot Box: a Systematic Literature Review. <i>Curr Addict Rep.</i> 2021;8(4):481-93.	Hög risk för bias

Fokus vissa grupper

Neuropsykiatriska funktionsnedsättningar (NPF)

Tabell 10. Exkluderade översikter om NPF efter fulltextsgranskning och orsak till exklusion.

Exkluderade studier	Orsak
Augner C, Vlasak T, Barth A. The relationship between problematic internet use and attention deficit, hyperactivity and impulsivity: A meta-analysis. <i>J Psychiatr Res.</i> 2023;168:1-12.	Fel population
Beyens I, Valkenburg PM, Piotrowski JT. Screen media use and ADHD-related behaviors: Four decades of research. <i>Proc Natl Acad Sci U S A.</i> 2018;115(40):9875-81.	Hög risk för bias
Claussen AH, Holbrook JR, Hutchins HJ, Robinson LR, Bloomfield J, Meng L, m.fl. All in the Family? A Systematic Review and Meta-analysis of Parenting and Family Environment as Risk Factors for Attention-Deficit/Hyperactivity Disorder (ADHD) in Children. <i>Prev Sci.</i> 2022;1:1-23.	Hög risk för bias
Dekkers TJ, van Hoorn J. Understanding Problematic Social Media Use in Adolescents with Attention-Deficit/Hyperactivity Disorder (ADHD): A Narrative Review and Clinical Recommendations. <i>BRAIN SCIENCES.</i> 2022;12(12).	Låg relevans
Hassrick EM, Holmes LG, Sosnowy C, Walton J, Carley K. Benefits and Risks: A Systematic Review of Information and Communication Technology Use by Autistic People. <i>Autism Adulthood.</i> 2021;3(1):72-84.	Fel population

Exkluderade studier	Orsak
Hussain Z, Griffiths MD. Problematic Social Networking Site Use and Comorbid Psychiatric Disorders: A Systematic Review of Recent Large-Scale Studies. <i>Front Psychiatry</i> . 2018;9:686.	Hög risk för bias
Kamolthip R, Chirawat P, Ghavifekr S, Gan WY, Tung SEH, Nurmala I, m.fl. Problematic Internet use (PIU) in youth: A brief literature review of selected topics. <i>Current Opinion in Behavioral Sciences</i> . 2022;46.	Låg relevans
Kervin R, Berger C, Moon SJ, Hill H, Park D, Kim JW. Behavioral addiction and autism spectrum disorder: A systematic review. <i>RESEARCH IN DEVELOPMENTAL DISABILITIES</i> . 2021;117.	Fel population
Liu H, Chen X, Huang M, Yu X, Gan Y, Wang J, m.fl. Screen time and childhood attention deficit hyperactivity disorder: a meta-analysis. <i>Rev Environ Health</i> . 2023.	Hög risk för bias
Murray A, Koronczai B, Kiraly O, Griffiths MD, Mannion A, Leader G, m.fl. Autism, Problematic Internet Use and Gaming Disorder: A Systematic Review. <i>REVIEW JOURNAL OF AUTISM AND DEVELOPMENTAL DISORDERS</i> . 2022;9(1):120-40.	Fel population
Muzwagi AB, Motiwala FB, Manikkara G, Rizvi A, Varela MA, Rush AJ, m.fl. How are attention-deficit hyperactivity and Internet gaming disorders related in children and youth? <i>Journal of Psychiatric Practice</i> . 2021;27(6):439-47.	Hög risk för bias
Ophir Y, Rosenberg H, Tikochinski R, Dalyot S, Lipshits-Braziler Y. Screen Time and Autism Spectrum Disorder: A Systematic Review and Meta-Analysis. <i>JAMA Netw Open</i> . 2023;6(12):e2346775.	Hög risk för bias
Sampalo M, Lázaro E, Luna PM. Action Video Gaming and Attention in Young Adults: A Systematic Review. <i>J Atten Disord</i> . 2023;27(5):530-8.	Hög risk för bias
Sarfraz S, Shlaghya G, Narayana SH, Mushtaq U, Shaman Ameen B, Nie C, m.fl. Early Screen-Time Exposure and Its Association With Risk of Developing Autism Spectrum Disorder: A Systematic Review. <i>Cureus</i> . 2023;15(7):e42292.	Hög risk för bias
Saxena S, Mitchell J, Ehsan A, Majnemer A, Shikako-Thomas K. Online peer mentorship programmes for children and adolescents with neurodevelopmental disabilities: A systematic review. <i>Child Care Health Dev</i> . 2020;46(1):132-48.	Hög risk för bias
Slobodin O, Heffler KF, Davidovitch M. Screen Media and Autism Spectrum Disorder: A Systematic Literature Review. <i>J Dev Behav Pediatr</i> . 2019;40(4):303-11.	Hög risk för bias
Stiller A, Mössle T. Media Use Among Children and Adolescents with Autism Spectrum Disorder: A Systematic Review. <i>REVIEW JOURNAL OF AUTISM AND DEVELOPMENTAL DISORDERS</i> . 2018;5(3):227-46.	Hög risk för bias
Thorell LB, Burén J, Ström Wiman J, Sandberg D, Nutley SB. Longitudinal associations between digital media use and ADHD symptoms in children and adolescents: a systematic literature review. <i>Eur Child Adolesc Psychiatry</i> . 2022.	Hög risk för bias
Wacks Y, Weinstein AM. Excessive smartphone use is associated with health problems in adolescents and young adults. <i>Frontiers in Psychiatry</i> . 2021;12.	Låg relevans
Yang QH, Liu JM, Rui J. Association Between Social Network Sites Use and Mental Illness: A Meta-Analysis. <i>CYBERPSYCHOLOGY-JOURNAL OF PSYCHOSOCIAL RESEARCH ON CYBERSPACE</i> . 2022;16(1).	Fel population

Intellettuell funktionsnedsättning

Tabell 11. Exkluderade översikter om intellettuell funktionsnedsättning efter fulltextsganskning och orsak till exklusion.

Exkluderade studier	Orsak
Bakkum L, Schuengel C, Sterkenburg PS, Frielink N, Embregts P, de Schipper JC, m.fl. People with intellectual disabilities living in care facilities engaging in virtual social contact: A systematic review of the feasibility and effects on well-being. JOURNAL OF APPLIED RESEARCH IN INTELLECTUAL DISABILITIES. 2022;35(1):60-74.	Hög risk för bias
Baragash RS, Al-Samarraie H, Alzahrani AI, Alfarraj O. Augmented reality in special education: A meta-analysis of single-subject design studies. European Journal of Special Needs Education. 2020;35(3):382-97.	Hög risk för bias
Bérubé C, Schachner T, Keller R, Fleisch E, Wangenheim FV, Barata F, m.fl. Voice-based conversational agents for the prevention and management of chronic and mental health conditions: Systematic literature review. Journal of Medical Internet Research. 2021;23(3):14.	Låg relevans
Carrero KM, Fuller MC. Teaching Adolescents With Autism to Text Message Requests Using Video Prompting. JOURNAL OF SPECIAL EDUCATION TECHNOLOGY. 2021;36(1):44-53.	Fel exponering
Caton S, Chapman M. The use of social media and people with intellectual disability: A systematic review and thematic analysis. JOURNAL OF INTELLECTUAL & DEVELOPMENTAL DISABILITY. 2016;41(2):125-39.	Fel population
Caton S, Koivunen ER, Allison C. Internet use for family carers of people with intellectual disabilities: A literature review and thematic synthesis. JOURNAL OF INTELLECTUAL DISABILITIES. 2019;23(3):446-68.	Fel population
Derk S, Willemen AM, Sterkenburg PS. Improving adaptive and cognitive skills of children with an intellectual disability and/or autism spectrum disorder: Meta-analysis of randomised controlled trials on the effects of serious games. International Journal of Child-Computer Interaction. 2022;33:1-11.	Hög risk för bias
Goo M, Maurer AL, Wehmeyer ML. Systematic review of using portable smart devices to teach functional skills to students with intellectual disability. Education and Training in Autism and Developmental Disabilities. 2019;54(1):57-68.	Hög risk för bias
Hassrick EM, Holmes LG, Sosnowy C, Walton J, Carley K. Benefits and Risks: A Systematic Review of Information and Communication Technology Use by Autistic People. Autism Adulthood. 2021;3(1):72-84.	Låg relevans
Jacob US, Edozie IS, Pillay J. Strategies for enhancing social skills of individuals with intellectual disability: A systematic review. FRONTIERS IN REHABILITATION SCIENCES. 2022;3.	Hög risk för bias
Koh C. A Qualitative Meta-Analysis on the Use of Serious Games to Support Learners with Intellectual and Developmental Disabilities: What We Know, What We Need to Know and What We Can Do. INTERNATIONAL JOURNAL OF DISABILITY DEVELOPMENT AND EDUCATION. 2022;69(3):919-50.	Fel population
Louw JS, Kirkpatrick B, Leader G. Enhancing social inclusion of young adults with intellectual disabilities: A systematic review of original empirical studies. J Appl Res Intellect Disabil. 2020;33(5):793-807.	Hög risk för bias
Normand CL, Sallafranque-St-Louis F. Cybervictimization of young people with an intellectual or developmental disability: Risks specific to sexual solicitation. Journal of Applied Research in Intellectual Disabilities. 2016;29(2):99-110.	Låg relevans
Stancin K, Hoic-Bozic N, Mihic SS. Using Digital Game-Based Learning for Students with Intellectual Disabilities - A Systematic Literature Review. INFORMATICS IN EDUCATION. 2020;19(2):323-41.	Hög risk för bias
Tan BL, Shi J, Yang SY, Loh H, Ng D, Choo C, m.fl. The use of virtual reality and augmented reality in psychosocial rehabilitation for adults with neurodevelopmental disorders: A systematic review. FRONTIERS IN PSYCHIATRY. 2022;13.	Fel population
Torra Moreno M, Canals Sans J, Colomina Fosch MT. Behavioral and cognitive interventions with digital devices in subjects with intellectual disability: A systematic review. Frontiers in Psychiatry. 2021;12:19.	Hög risk för bias

Exkluderade studier	Orsak
Van Biesen D, Van Damme T, Morgulec-Adamowicz N, Buchholtz A, Anjum M, Healy S. A Systematic Review of Digital Interventions to Promote Physical Activity in People With Intellectual Disabilities and/or Autism. ADAPTED PHYSICAL ACTIVITY QUARTERLY. 2023.	Hög risk för bias
Wilson C, Sitbon L, Brereton M, Johnson D, Koplick S. 'Put Yourself in the Picture': Designing for Futures with Young Adults with Intellectual Disability. PROCEEDINGS OF THE 28TH AUSTRALIAN COMPUTER-HUMAN INTERACTION CONFERENCE (OZCHI 2016)2016.	Låg relevans
Woods-Groves S, Balint-Langel K, Rodgers DB, Song HD. College Students with Intellectual and Developmental Disabilities Use Assistive Technology in Living, Learning, and Working Tasks: A 20-Year Systematic Review and Meta-Analysis. EDUCATION AND TRAINING IN AUTISM AND DEVELOPMENTAL DISABILITIES. 2023;58(4):375-95.	Fel exponering

Hbtqi

Tabell 12. Exkluderade översikter om hbtqi efter fulltextsgranskning och orsak till exklusion.

Exkluderade översikter	Orsak
Abreu RL, Barrita AM, Martin JA, Sostre J, Gonzalez KA. Latinx LGBTQ Youth, COVID-19, and Psychological Well-Being: A Systematic Review. J Clin Child Adolesc Psychol. 2024;53(1):98-113.	Låg relevans
Berger MN, Taba M, Marino JL, Lim MSC, Skinner SR. Social Media Use and Health and Well-being of Lesbian, Gay, Bisexual, Transgender, and Queer Youth: Systematic Review. J Med Internet Res. 2022;24(9):e38449.	Hög risk för bias
Choi EP, Wong JY, Fong DY. The use of social networking applications of smartphone and associated sexual risks in lesbian, gay, bisexual, and transgender populations: a systematic review. AIDS Care. 2017;29(2):145-55.	Fel population
Escobar-Viera CG, Whitfield DL, Wessel CB, Shensa A, Sidani JE, Brown AL, Chandler CJ, Hoffman BL, Marshal MP, Primack BA. For Better or for Worse? A Systematic Review of the Evidence on Social Media Use and Depression Among Lesbian, Gay, and Bisexual Minorities. JMIR Ment Health. 2018;5(3):e10496.	Fel population
Gilbey D, Morgan H, Lin A, Perry Y. Effectiveness, Acceptability, and Feasibility of Digital Health Interventions for LGBTIQ+ Young People: Systematic Review. J Med Internet Res. 2020;22(12):e20158.	Fel studiedesign
Liu Y, Wu YC, Fu H, Guo WY, Wang X. Digital intervention in improving the outcomes of mental health among LGBTQ+ youth: a systematic review. Front Psychol. 2023;14:1242928.	Fel studiedesign
Sánchez-Sánchez AM, Ruiz-Muñoz D, Sánchez-Sánchez FJ. Mapping homophobia and transphobia on social media. Sexuality Research and Social Policy. 2024;21(1):210-226.	Låg relevans

Exkluderade översikter	Orsak
Windisch S, Wiedlitzka S, Olaghene A, Jenaway E. Online interventions for reducing hate speech and cyberhate: A systematic review. <i>Campbell Syst Rev.</i> 2022;18(2):e1243.	Fel studiedesign

Problematisk användning och beroende av digitala medier

Omfattning

Tabell 13. Exkluderade översikter om problematisk användning och beroende av digitala medier – omfattning efter fulltextsganskning och orsak till exklusion.

Exkluderade studier	Orsak
Baloglu M, Sahin R, Arpacı I. A review of recent research in problematic internet use: gender and cultural differences. <i>Curr Opin Psychol.</i> 2020;36:124-9.	Hög risk för bias
Busch PA, McCarthy S. Antecedents and consequences of problematic smartphone use: A systematic literature review of an emerging research area. <i>Computers in Human Behavior.</i> 2021;114:47.	Fel population
Coşa IM, Dobrean A, Georgescu RD, Păsărelu CR. Parental behaviors associated with internet gaming disorder in children and adolescents: A quantitative meta-analysis. <i>Current Psychology.</i> 2022;42(22):19401-18.	Fel utfall
Dahl D, Bergmark KH. Problematic internet use: A scoping review - longitudinal research on a contemporary social problem, 2006-2017. <i>Nordisk Alkohol Nark.</i> 2020;37(6):497-525.	Låg relevans
Dahl D, Bergmark KH. Persistence in Problematic Internet Use-A Systematic Review and Meta-Analysis. <i>Front Sociol.</i> 2020;5:30.	Hög risk för bias
Limone P, Ragni B, Toto GA. The epidemiology and effects of video game addiction: A systematic review and meta-analysis. <i>Acta Psychol (Amst).</i> 2023;241:104047.	Fel population
Lopez-Fernandez O, Kuss DJ. Preventing Harmful Internet Use-Related Addiction Problems in Europe: A Literature Review and Policy Options. <i>Int J Environ Res Public Health.</i> 2020;17(11):20.	Hög risk för bias
Lozano-Blasco R, Latorre-Martínez MP, Cortés-Pascual A. Screen addicts: A meta-analysis of internet addiction in adolescence. <i>Children and Youth Services Review.</i> 2022;135:11.	Fel utfall
Lozano-Blasco R, Robres AQ, Sánchez AS. Internet addiction in young adults: A meta-analysis and systematic review. <i>Computers in Human Behavior.</i> 2022;130:10.	Hög risk för bias
Notara V, Vagka E, Gnardellis C, Lagiou A. The Emerging Phenomenon of Nomophobia in Young Adults: A Systematic Review Study. <i>Addict Health.</i> 2021;13(2):120-36.	Hög risk för bias
Sahu M, Gandhi S, Sharma MK. Mobile Phone Addiction Among Children and Adolescents: A Systematic Review. <i>J Addict Nurs.</i> 2019;30(4):261-8.	Hög risk för bias
Sohn SY, Rees P, Wildridge B, Kalk NJ, Carter B. Prevalence of problematic smartphone usage and associated mental health outcomes amongst children and young people: a systematic review, meta-analysis and GRADE of the evidence. <i>BMC Psychiatry.</i> 2019;19(1):356.	Hög risk för bias
Su W, Han X, Jin C, Yan Y, Potenza M. Are Males More likely to be Addicted to the Internet than Females? A Meta-Analysis Involving 34 Global Jurisdictions. <i>Computers in Human Behavior.</i> 2019;99.	Hög risk för bias

Risk- och skyddsfaktorer

Tabell 14. Exkluderade översikter om problematisk användning och beroende av digitala medier – risk- och skyddsfaktorer efter fulltextsgranskning och orsak till exklusion.

Exkluderade översikter	Orsak
Dullur P, Krishnan V, Diaz AM. A systematic review on the intersection of attention-deficit hyperactivity disorder and gaming disorder. <i>Journal of Psychiatric Research.</i> 2021;133:212-22.	Hög risk för bias
Fam JY, Männikkö N, Juhari R, Kääriäinen M. Is Parental Mediation Negatively Associated With Problematic Media Use Among Children and Adolescents? A Systematic Review and Meta-Analysis. <i>Canadian Journal of Behavioural Science-Revue Canadienne Des Sciences Du Comportement.</i> 2023;55(2):89-99.	Fel studiedesign
Gao YX, Wang JY, Dong GH. The prevalence and possible risk factors of internet gaming disorder among adolescents and young adults: Systematic reviews and meta-analyses. <i>Journal of Psychiatric Research.</i> 2022;154:35-43.	Fel studiedesign
Nielsen P, Favez N, Liddle H, Rigter H. Linking parental mediation practices to adolescents' problematic online screen use: A systematic literature review. <i>Journal of Behavioral Addictions.</i> 2019;8(4):649-63.	Hög risk för bias
Richard J, Fletcher É, Boutin S, Derevensky J, Temcheff C. Conduct problems and depressive symptoms in association with problem gambling and gaming: A systematic review. <i>Journal of Behavioral Addictions.</i> 2020;9(3):497-533.	Hög risk för bias

Föräldrars digitala medieanvändning

Tabell 15. Exkluderade översikter om föräldrars digitala medieanvändning efter fulltextsgranskning och orsak till exklusion.

Exkluderade studier	Orsak
Braune-Krickau K, Schneebeli L, Pehlke-Milde J, Gemperle M, Koch R, von Wyl A. Smartphones in the nursery: Parental smartphone use and parental sensitivity and responsiveness within parent-child interaction in early childhood (0–5 years): A scoping review. <i>Infant Mental Health Journal.</i> 2021;42(2):161-75.	Hög risk för bias
Coyne SM, Ward LM, Kroff SL, Davis EJ, Holmgren HG, Jensen AC, et al. Contributions of mainstream sexual media exposure to sexual attitudes, perceived peer norms, and sexual behavior: A meta-analysis. <i>Journal of Adolescent Health.</i> 2019;64(4):430-6.	Fel studiedesign
D'Arienzo MC, Boursier V, Griffiths MD. Addiction to social media and attachment styles: A systematic literature review. <i>International Journal of Mental Health and Addiction.</i> 2019;17(4):1094-118.	Fel exponering
Dixon D, Sharp CA, Hughes K, Hughes JC. Parental technophobia and adolescents' mental health and violent behaviour: a scoping review. <i>BMC Public Health.</i> 2023;23(1):2053.	Fel population
Geng J, Lei L, Ouyang M, Nie J, Wang P. The influence of perceived parental phubbing on adolescents' problematic smartphone use: A two-wave multiple mediation model. <i>Addict Behav.</i> 2021;121:106995.	Fel studiedesign
Gladkaya M, Gundlach J, Bergert C, Baumann A, Krasnova H, Assoc Informat S. We Need to Talk! Antecedents and Consequences of Children's Smartphone Use - A Literature Review	Fel exponering
Hessel H, Dworkin J. Emerging Adults' Use of Communication Technology with Family Members: A Systematic Review. <i>ADOLESCENT RESEARCH REVIEW.</i> 2018;3(3):357-73.	Fel exponering

Exkluderade studier	Orsak
Hu Y, Wang J, Lin Y, Zhang B. The relation of parental phubbing to academic engagement and the related mechanisms in elementary students. <i>Learning and Individual Differences</i> . 2023;101:102251.	Fel utfall
Komanchuk J, Toews AJ, Marshall S, Mackay LJ, Hayden KA, Cameron JL, et al. Impacts of parental technofference on parent-child relationships and child health and developmental outcomes: A scoping review. <i>Cyberpsychology, Behavior, and Social Networking</i> . 2023;26(8):579-603.	Hög risk för bias
Kracht CL, Redman LM, Bellando J, Krukowski RA, Andres A. Association between maternal and infant screen time with child growth and development: A longitudinal study. <i>Pediatr Obes</i> . 2023;18(7):e13033.	Fel studiedesign
Lee G, Kim S, Yu H. [Parental Factors Associated with Smartphone Overuse in Preschoolers: A Systematic Review and Meta-Analysis]. <i>J Korean Acad Nurs</i> . 2020;50(3):349-68.	Fel population
Li JB, Willems YE, Stok FM, Dekovic M, Bartels M, Finkenauer C. Parenting and Self-Control Across Early to Late Adolescence: A Three-Level Meta-Analysis. <i>PERSPECTIVES ON PSYCHOLOGICAL SCIENCE</i> . 2019;14(6):967-1005.	Fel exponering
Li B, Wang P, Xie X, et al. Father Phubbing and Adolescents' Depressive Symptoms: Perceived Father Acceptance as a Mediator and Resilience as a Moderator. <i>J Psychol</i> . 2022;156(5):349-366.	Fel population
Mackay LJ, Komanchuk J, Hayden KA, Letourneau N. Impacts of parental technofference on parent-child relationships and child health and developmental outcomes: a scoping review protocol. <i>SYSTEMATIC REVIEWS</i> . 2022;11(1).	Fel studiedesign
McDaniel BT, Rasmussen S, Reining L, Culp L, Deverell K. Pilot Study of a Screen-Free Week: Exploration of Changes in Parent and Child Screen Time, Parent Well-Being and Attitudes, and Parent-Child Relationship Quality. <i>Human Behavior and Emerging Technologies</i> . 2023;2023:5545779.	Fel studiedesign
Mikić A, Klein AM. Smartphone-Nutzung in Gegenwart von Babys und Kleinkindern: Ein systematisches Review. <i>Praxis der Kinderpsychologie und Kinderpsychiatrie</i> . 2022;71(4):305-26.	Fel språk
Modecki KL, Goldberg RE, Wisniewski P, Orben A. What Is Digital Parenting? A Systematic Review of Past Measurement and Blueprint for the Future. <i>PERSPECTIVES ON PSYCHOLOGICAL SCIENCE</i> . 2022;17(6):1673-91.	Fel studiedesign
Niu X, Li JY, King DL, Rost DH, Wang HZ, Wang JL. The relationship between parenting styles and adolescent problematic Internet use: A three-level meta-analysis. <i>JOURNAL OF BEHAVIORAL ADDICTIONS</i> . 2023;12(3):652-69.	Fel studiedesign
Papadopoulou E, Haugen M, Schjølberg S, et al. Maternal cell phone use in early pregnancy and child's language, communication and motor skills at 3 and 5 years: the Norwegian mother and child cohort study (MoBa). <i>BMC Public Health</i> . 2017;17(1):685.	Fel studiedesign
Sudan M, Birks LE, Aurrekoetxea JJ, et al. Maternal cell phone use during pregnancy and child cognition at age 5 years in 3 birth cohorts. <i>Environ Int</i> . 2018;120:155-162.	Fel studiedesign
Tammisalo K, Rotkirch A. Effects of information and communication technology on the quality of family relationships: A systematic review. <i>Journal of Social and Personal Relationships</i> . 2022;39(9):2724-65.	Hög risk för bias
Tong W, Jia J, Wang P, He W. The Associations Between Parental Phubbing, Adolescent Phubbing, and Adolescents' Adjustments: A Cross-Lagged Panel Network Analysis. <i>J Youth Adolesc</i> . 2024;53(7):1529-1541.	Fel studiedesign
Wang X, Qiao Y, Wang S. Parental phubbing, problematic smartphone use, and adolescents' learning burnout: A cross-lagged panel analysis. <i>J Affect Disord</i> . 2023;320:442-449.	Fel population
Wang X, Qiao Y. Parental Phubbing, Self-Esteem, and Suicidal Ideation among Chinese Adolescents: A Longitudinal Mediational Analysis. <i>J Youth Adolesc</i> . 2022;51(11):2248-2260.	Fel studiedesign

Exkluderade studier	Orsak
Xu S, Xie X. Put down the Phone and Accompany Me: How Parental Phubbing Undermines Prosocial Behavior of Early Adolescents. <i>Children and Youth Services Review</i> . 2023;149:106958.	Fel studiedesign
Zhang JH, Dong CM, Jiang Y, Zhang Q, Li H, Li Y. Parental Phubbing and Child Social-Emotional Adjustment: A Meta-Analysis of Studies Conducted in China. <i>PSYCHOLOGY RESEARCH AND BEHAVIOR MANAGEMENT</i> . 2023;16:4267-85.	Fel population

Plattformars utformning – algoritmer och interaktionsdesign

Tabell 16. Exkluderade översikter om plattformars utformning – algoritmer och interaktionsdesign efter fulltextsgranskning och orsak till exklusion.

Exkluderade översikter	Orsak
Faraz A, Mounsef J, Raza A, Willis S. Child Safety and Protection in the Online Gaming Ecosystem. <i>Ieee Access</i> . 2022;10:115895-913.	Hög risk för bias

Folkhälsointerventioner för hälsosam användning av digitala medier

Tabell 17. Exkluderade översikter om folkhälsointerventioner för hälsosam användning av digitala medier efter fulltextsgranskning och orsak till exklusion.

Exkluderade översikter	Orsak
Augner C, Vlasak T, Aichhorn W, Barth A. Tackling the 'digital pandemic': The effectiveness of psychological intervention strategies in problematic Internet and smartphone use-A meta-analysis. <i>Aust N Z J Psychiatry</i> . 2022;56(3):219-29.	Fel intervention
Ayub S, Jain L, Parnia S, Bachu A, Farhan R, Kumar H, et al. Treatment Modalities for Internet Addiction in Children and Adolescents: A Systematic Review of Randomized Controlled Trials (RCTs). <i>J Clin Med</i> . 2023;12(9).	Fel intervention
Dodsworth E, Kelly C, Bond C. Video Interaction Guidance with families: A systematic review of the research. <i>Educational and Child Psychology</i> . 2021;38(3):48-61.	Fel utfall
Evangelio C, Rodríguez-González P, Fernández-Río J, Gonzalez-Villora S. Cyberbullying in elementary and middle school students: A systematic review. <i>Computers & Education</i> . 2022;176.	Fel studiedesign
Eyal K, Te'eni-Harari T. Systematic review: Characteristics and outcomes of in-school digital media literacy interventions, 2010-2021. <i>Journal of Children and Media</i> . 2023.	Hög risk för bias
Faraz A, Mounsef J, Raza A, Willis S. Child Safety and Protection in the Online Gaming Ecosystem. <i>Ieee Access</i> . 2022;10:115895-913.	Fel studiedesign
Franchino-Olsen H, Jenkins M, Rizo CF, Croft C, Colbert R, Martin SL. Online violence education in the era of COVID-19. <i>School Social Work Journal</i> . 2021;46(1):29-50.	Fel intervention
Hollman H, Updegraff JA, Lipkus IM, Rhodes RE. Perceptions of physical activity and sedentary behaviour guidelines among end-users and stakeholders: a systematic review. <i>Int J Behav Nutr Phys Act</i> . 2022;19(1):21.	Fel studiedesign
Jones A, Armstrong B, Weaver RG, Parker H, von Klingraeff L, Beets MW. Identifying effective intervention strategies to reduce children's screen time: a systematic review and meta-analysis. <i>Int J Behav Nutr Phys Act</i> . 2021;18(1):126.	Hög risk för bias
Király O, Griffiths MD, King DL, et al. Policy responses to problematic video game use: A systematic review of current measures and future possibilities. <i>J Behav Addict</i> . 2018;7(3):503-517.	För gammal

Exkluderade översikter	Orsak
Krafft H, Boehm K, Schwarz S, Eichinger M, Bussing A, Martin D. Media Awareness and Screen Time Reduction in Children, Youth or Families: A Systematic Literature Review. <i>Child Psychiatry Hum Dev.</i> 2023;54(3):815-25.	Hög risk för bias
Kolasa K, Mazzi F, Leszczuk-Czubkowska E, Zrubka Z, Pentek M. State of the Art in Adoption of Contact Tracing Apps and Recommendations Regarding Privacy Protection and Public Health: Systematic Review. <i>JMIR Mhealth Uhealth.</i> 2021;9(6):e23250.	Fel intervention
Liu H, Soh KG, Samsudin S, Rattanakoses W, Qi F. Effects of exercise and psychological interventions on smartphone addiction among university students: A systematic review. <i>Front Psychol.</i> 2022;13:1021285.	Fel intervention
Mac Cáirtheigh S. The effectiveness of interventions to reduce excessive mobile device usage among adolescents: A systematic review. <i>Neurology, Psychiatry and Brain Research.</i> 2020;35:29-37.	Hög risk of bias
Martin KB, Bednarz JM, Aromataris EC. Interventions to control children's screen use and their effect on sleep: A systematic review and meta-analysis. <i>J Sleep Res.</i> 2021;30(3):e13130.	Hög risk för bias
Martinez-Hernandez N, Lloret-Irles D. Are School-Based Interventions Effective in Preventing Internet Misuse? A Systematic Review. <i>J Prev (2022).</i> 2023.	Hög risk of bias
McArthur BA, Volkova V, Tomopoulos S, Madigan S. Global Prevalence of Meeting Screen Time Guidelines Among Children 5 Years and Younger: A Systematic Review and Meta-analysis. <i>JAMA Pediatr.</i> 2022;176(4):373-83.	Fel studiedesign
Nguyen P, Le LK, Nguyen D, Gao L, Dunstan DW, Moodie M. The effectiveness of sedentary behaviour interventions on sitting time and screen time in children and adults: an umbrella review of systematic reviews. <i>Int J Behav Nutr Phys Act.</i> 2020;17(1):117.	Fel studiedesign
Ojeda M, Del Rey R. Lines of Action for Sexting Prevention and Intervention: A Systematic Review. <i>Arch Sex Behav.</i> 2022;51(3):1659-1687.	Fel utfall
Purwaningsih E, Nurmala I, Fatah MZ. Systematic review of health promotion policies or regulations with CCAT theory. <i>J Public Health Res.</i> 2023;12(1):22799036231153479.	Fel studiedesign
Tapia-Serrano MA, Sevil-Serrano J, Sanchez-Miguel PA, Lopez-Gil JF, Tremblay MS, Garcia-Hermoso A. Prevalence of meeting 24-Hour Movement Guidelines from pre-school to adolescence: A systematic review and meta-analysis including 387,437 participants and 23 countries. <i>J Sport Health Sci.</i> 2022;11(4):427-37.	Låg relevans
Throuvala MA, Griffiths MD, Rennoldson M, Kuss DJ. School-based Prevention for Adolescent Internet Addiction: Prevention is the Key. A Systematic Literature Review. <i>Curr Neuropharmacol.</i> 2019;17(6):507-25.	Fel studiedesign
Throuvala MA, Griffiths MD, Rennoldson M, Kuss DJ. The Role of Recreational Online Activities in School-Based Screen Time Sedentary Behaviour Interventions for Adolescents: A Systematic and Critical Literature Review. <i>International Journal of Mental Health and Addiction.</i> 2020;19(4):1065-115.	Hög risk för bias
Windisch S, Wiedlitzka S, Olaghene A, Jenaway E. Online interventions for reducing hate speech and cyberhate: A systematic review. <i>Campbell Syst Rev.</i> 2022;18(2):e1243.	Fel utfall
Yau KW, Tang TS, Gorges M, Pinkney S, Kim AD, Kalia A, et al. Effectiveness of Mobile Apps in Promoting Healthy Behavior Changes and Preventing Obesity in Children: Systematic Review. <i>JMIR Pediatr Parent.</i> 2022;5(1):e34967.	Hög risk för bias
Zhang P, Tang X, Peng X, Hao G, Luo S, Liang X. Effect of screen time intervention on obesity among children and adolescent: A meta-analysis of randomized controlled studies. <i>Prev Med.</i> 2022;157:107014.	Hög risk för bias
Zosel K, Monroe C, Hunt E, Laflamme C, Brazendale K, Weaver RG. Examining adolescents' obesogenic behaviors on structured days: a systematic review and meta-analysis. <i>Int J Obes (Lond).</i> 2022;46(3):466-75.	Låg relevans

Folkhälsomyndigheten är en nationell kunskapsmyndighet som arbetar för en bättre folkhälsa. Det gör myndigheten genom att utveckla och stödja samhällets arbete med att främja hälsa, förebygga ohälsa och skydda mot hälsohot. Vår vision är en folkhälsa som stärker samhällets utveckling



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