

# EUPAP conference

<b>Meeting Title:</b>	Physical activity on prescription, a tool for prevention and treatment in health care	<b>Meeting Date/Time:</b>	Feb. 14, 2023
<b>Meeting Type:</b>	Conference	<b>Meeting Location:</b>	Online/Public Health Agency of Sweden
<b>Hosted by:</b>	EUPAP and Public Health Agency of Sweden	<b>Issue Date:</b>	January 27, 2022

## After the conference you will be able to:

### Outline of the results and experiences from the EUPAP project

- Implementing PAP-S in different context and with different pre-conditions
- How to communicate and disseminate implementation of a best practice project
- Demonstrate the process of developing and adopting tools for implementation of a best practice project.

### Apply new knowledge of physical activity as a tool for disease prevention and treatment.

### Apply how to upscale a local project to an national level

Program	Time	Owner
Welcome – PAP a way forward	09:15 – 09:30	Karin Tegmark Wisell, General Director Public Health Agency of Sweden
Why PAP - the magical solution	09:30 – 09:50	Mai-Lis Hellenius MD,PhD, The committee for the promotion of increased physical activity/ Karolinska Institutet
Scaling up physical activity projects and initiatives in the WHO European Region	09:50 – 10:10	Stephen Whiting, Technical Officer WHO
How to make it work Know your context – EUPAP feasibility study	10:10 – 10:30	Sebastià Mas Alòs , National Institute of Physical Education of Catalonia
<b>Coffee</b>		
How do you do it? EUPAP implementation process	11:00 – 11:30	Bruno Avelar Rosa, General-Directorate of Health Portugal
How do you do it? How to work with stakeholders	11:30 – 11:50	Luc Lipkens, Vlaams Instituut gezond leven VZW, Belgium
Summary of morning sessions	11:50 – 12:00	Anmarie Wesley, Public Health Agency of Sweden
<b>Lunch</b>		
Panel discussions <ul style="list-style-type: none"> <li>○ How to reach specific patients groups</li> <li>○ How to reach stakeholders and policymakers.</li> <li>○ How to reach medical clinicians in health care</li> </ul>	13:00 – 14:30	Elin Laurila, Victoria Massalha, Luc Lipkens Matti Leijon, Christina Godinha, Sebastià Mal Alos Mai-Lis Hellenius, Malin Skogsström, Laura Merlo, Stefan Lundqvist
<b>Coffee</b>		
How to increase patient compliance? Swedish PAP PAP centres in Gothenburg, Sweden - how does it work?	15:00 – 15:30	Stefan Lundqvist, Elin Laurila, Center for Physical Activity VGR, University of Gothenburg
PAP – The magical solution	15:30 – 15:35	Mai-Lis Hellenius The committee for the promotion of increased physical activity/ Karolinska Institutet
Summary and Closure	15:35 – 16:00	Anmarie Wesley, Public Health Agency of Sweden

\*To be determined

Organizing partners
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